

Honduras

Travel Facts

US State Department Travel Advisory

The US State Department currently recommends US citizens Reconsider Travel to Honduras due to crime. Some areas have increased risk.

<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

Passport/Visa Requirements

For the latest passport and visa requirements for this country, please consult the US State Department's "Learn About Your Destination" search tool, available through the link below.

<https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html>

US Embassy/Consulate

+(504) 2236-9320 or +(504) 2238-5114; EMER: +(504) 2238-5114 or +(504) 2236-9320; US Embassy Tegucigalpa, Avenida La Paz, Tegucigalpa M.D.C., Honduras; usahonduras@state.gov; <https://hn.usembassy.gov/>

LGBTQIA+, Women, and Special Needs Travelers

Additional travel considerations can be found on the US State Department's International Travel page.

<https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations.html>



Telephone Code

504

Local Emergency Phone

Ambulance: 195, 37, 8654; Fire: 198; Police: 119

Vaccinations

The CDC and WHO recommend the following vaccinations for Honduras: hepatitis A, hepatitis B, typhoid, yellow fever, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia, influenza, and COVID-19. <http://www.who.int/>

Climate

Subtropical in lowlands, temperate in mountains

Currency (Code)

Lempiras (HNL)

Electricity/Voltage/Plug Type(s)

120 V / 60 Hz / plug types(s): A, B



Type A

Type B

Major Languages

Spanish, Amerindian dialects

Major Religions

Roman Catholic, Protestant, atheist

Time Difference

UTC-6 (1 hour behind Washington, DC during Standard Time)

Potable Water

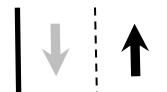
Opt for bottled water

International Driving Permit

IDP honored; be sure to check into an INTER-AMERICAN DRIVING PERMIT also issued by AAA

Road Driving Side

Right



Tourist Destinations

Bay Islands (includes Roatan, Utila); Copán Archeological Site; Mayan Sculpture Museum (Copan); Lago de Yojoa; Punta Sal; Rio Platano Biosphere Reserve

Major Sports

Soccer, baseball, tennis, swimming, basketball

Cultural Practices

It is common to turn one's head and purse lips in the direction one is pointing towards.

Tippling Guidelines

A tip of 10-15% of the bill at a restaurant is considered a good tip. Leaving the equivalent of \$2-3 (USD) per night for housekeeping is acceptable.

Souvenirs

Mahogany wood carvings, cigars, leather goods, straw work, pottery, shell items, woven cloth hammocks, replica Mayan items and corn husk dolls, coffee

Traditional Cuisine

Plato típico — a variety of foods prepared separately, but forming a complete meal in the end; the dish consists of marinated and grilled beef, pork sausages and cracklings, fried plantains, stewed or refried beans, and rice; traditionally served with sour cream, fresh white cheese, avocado slices, marinated cabbage, lime juice, and small tortillas

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