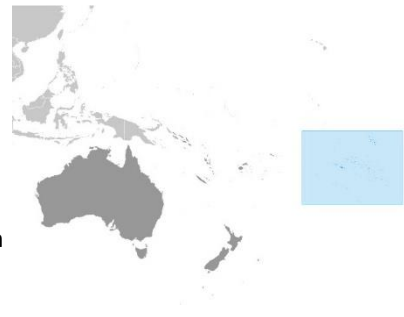


French Polynesia

Travel Facts



US State Department Travel Advisory

The US State Department currently recommends US citizens exercise normal precautions in French Polynesia.

<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

Passport/Visa Requirements

For the latest passport and visa requirements for this country, please consult the US State Department's "Learn About Your Destination" search tool, available through the link below.

<https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html>

US Embassy/Consulate

None (overseas lands of France); US citizens may call US Dept of State (202)-501-4444 for emergencies; alternate contact is the US Consulate in Tahiti 689-40-426-535 or Tel:(+689) 40 42 65 35; US Embassy in Suva, 158 Princes Road, Tamavua, PO Box 218, Suva, Fiji

LGBTQIA+, Women, and Special Needs Travelers

Additional travel considerations can be found on the US State Department's International Travel page.

<https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations.html>

Telephone Code

689

Local Emergency Phone

Ambulance: 15; Fire: 18; Police: 17

Vaccinations

The CDC and WHO recommend the following vaccinations for French Polynesia: hepatitis A, hepatitis B, typhoid, yellow fever, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia and influenza. <http://www.who.int/>

Climate

Tropical, but moderate

Currency (Code)

Comptoirs Francais du Pacifique francs (XPF)

Electricity/Voltage/Plug Type(s)

220 V / 60 Hz / plug types(s): C, E



Type C



Type E

Major Languages

French, Polynesian

Major Religions

Protestant, Roman Catholic

Time Difference

UTC-10 (5 hours behind Washington, DC, during Standard Time)

Potable Water

Opt for bottled water

International Driving Permit

Suggested

Road Driving Side

Right



Tourist Destinations

Bora Bora (includes Mount Otemanu); Rangiroa (includes Ile aux Recifs); Maupiti (includes Tereia Beach); Moorea (includes Magic Mountain); Tuamotu Islands

Major Sports

Soccer, va'a (outrigger canoe racing), surfing, rugby

Cultural Practices

Tahitians tend to dress up when dining out.

Tipping Guidelines

Many hotels and restaurants include a service charge. It is considerate to leave a little extra for outstanding service. At restaurants that do not add service charges, tip 10% of the bill. Taxi drivers customarily are tipped 10% of the fare.

Souvenirs

Black pearls, mother-of-pearl jewelry and decorative items, pareau cloth, wood and stone carvings, vanilla

Traditional Cuisine

Poisson cru — raw tuna marinated in lime juice and coconut milk and served with various vegetables; often, fresh coconut meat is wrapped in cloth, and the milky juice is then squeezed over the fish and vegetables

May 2024



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