# **Guinea-Bissau**

## **Travel Facts**

### **US State Department Travel Advisor**

The US State Department currently recommends US citizens reconsider travel to Guinea-Bissau due to civil unrest. Exercise increased caution due to crime.

https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html



For the latest passport and visa requirements for this country, please consult the US State Department's "Learn About Your Destination" search tool, available through the link below.

https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html

#### **US Embassy/Consulate**

US Embassy suspended operations on 14 June 1998; the US Ambassador to Senegal is accredited to Guinea-Bissau; +(221) 33-879-4000; EMER: +(221) 33-879-4444; US Embassy Dakar, Route des Almadies – BP 49, Dakar, Senegal; dakarACS@state.gov; <a href="https://gw.usmission.gov/">https://gw.usmission.gov/</a>

#### LGBTQIA+, Women, and Special Needs Travelers

Additional travel considerations can be found on the US State Department's International Travel page. https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations.html

#### **Telephone Code**

245

#### **Local Emergency Phone**

Police - 117; Ambulance - 119; Fire - 118

#### **Vaccinations**

The CDC and WHO recommend the following vaccinations for Guinea-Bissau: hepatitis A, hepatitis B, typhoid, yellow fever, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, COVID-19, pneumonia and influenza.

http://www.who.int/

#### Climate

Tropical; generally hot and humid; monsoonal-type rainy season (June to November) with southwesterly winds; dry season (December to May) with northeasterly harmattan winds

#### Currency (Code)

Communaute Financiere Africaine francs (XOF)

#### Electricity/Voltage/Plug Type(s)

220 V / 50 Hz / plug types(s): C



Type C

#### **Major Languages**

Crioulo (lingua franca), Portuguese; largely used as a second or third language), Pular (a Fula language), Mandingo

#### **Major Religions**

Muslim, Christian, animist

#### **Time Difference**

UTC 0 (5 hours ahead of Washington, DC, during Standard Time)

#### **Potable Water**

Opt for bottled water

#### **International Driving Permit**

Suggested

#### **Road Driving Side**

Right

#### **Tourist Destinations**

Orango Island; Bubaque Island; Cathedral de Nossa da Candelaria

#### **Major Sports**

Soccer

#### **Cultural Practices**

It is customary to give or receive gifts and business cards with the right hand.

#### **Tipping Guidelines**

Tip 10-15% of the bill at upscale restaurants. Round up the fare for taxi drivers. Guides and tour drivers expect around 10% or more if trips are multiday. Tip hotel cleaning staff at your discretion.

#### **Souvenirs**

Carved tribal masks and wooden statues, beaded jewelry or precious metals items, handmade cloth, beauty products, pottery, baskets

#### **Traditional Cuisine**

 $\label{eq:controller} \mbox{Jollof rice} - \mbox{rice cooked in palm oil and served with tomato} \\ \mbox{paste and onions; sometimes with added fish or meat}$ 



