Saint Vincent and the Grenadines

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Travel Facts

US State Department Travel Advisory

The US State Department currently recommends US citizens exercise normal precautions in Saint Vincent and the Grenadines. The islands of Canouan, Mayreau, Palm Island, Petit Saint Vincent, and Union Island are in varying stages of recovery from Hurricane Beryl. https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html

Passport/Visa Requirements

For the latest passport and visa requirements for this country, please consult the US State Department's "Learn About Your Destination" search tool, available through the link below.

https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html

US Embassy/Consulate

US does not have an embassy in Saint Vincent and the Grenadines; the US Ambassador to Barbados is accredited to Saint Vincent and the Grenadines +(246) 227-4399; EMER: +(246) 227-4000; US Embassy Bridgetown, Wildey Business Park, Wildey, St. Michael BB 14006, Barbados, W.I.; BridgetownACS@state.gov; https://bb.usembassy.gov

LGBTQIA+, Women, and Special Needs Travelers

Additional travel considerations can be found on the US State Department's International Travel page. https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations.html

Telephone Code

784

Local Emergency Phone

999, 911

Vaccinations

The CDC and WHO recommend the following vaccinations for Saint Vincent and the Grenadines: typhoid, hepatitis A, polio, yellow fever, chikungunya, rabies, hepatitis B, influenza, COVID-19, pneumonia, meningitis, chickenpox, shingles, Tdap (tetanus, diphtheria and pertussis) and measles, mumps and rubella (MMR).

https://wwwnc.cdc.gov/travel

Climate

Tropical; little seasonal temperature variation; rainy season (May to November)

Currency (Code)

East Caribbean dollars (XCD)

Electricity/Voltage/Plug Type(s)

110 V, 230 V / 50 Hz / plug types(s): A, B, G







Type A Type B

Major Languages

English, Vincentian Creole English, French patois

Major Religions

Protestant, Roman Catholic, Rastafarian, Jehovah's Witness

Potable Water

Opt for bottled water

Time Difference

UTC-4 (1 hour ahead of Washington, DC, during Standard Time)

International Driving Permit

Suggested

Road Driving Side

Left



Tourist Destinations

Tobago Cays; Montreal Gardens; La Soufriere cross country trail; Firefly Plantation in Bequia; Botanical Gardens in Kingstown; Dark View Falls; Vermont Natural Trail; Fort Duvernette; Bequia Beach; Union Beach

Major Sports

Rugby, cricket, soccer, netball, basketball, volleyball, tennis

Cultural Practices

Generosity and respect for elders are the core principles in society.

Don't call someone's name in public - it's a severe breach of etiquette.

Tipping Guidelines

A service charge of 10% is usually added to a restaurant or hotel bill, but if not, leave at least 10-15% depending on your satisfaction with the service. Tip taxi drivers 10%, bellhops \$2 (USD) per bag, and housekeeping \$2 per night.

Souvenirs

Sailboat models, recreational boats, handmade jewelry, handmade clothing, spices and hot sauces, straw-made items, grass rugs

Traditional Cuisine

Roasted breadfruit and fried jackfish — whole breadfruit are roasted over an open fire; the jackfish is typically marinated in lemon juice, coated in flour, and then fried; a sauce made with onions, tomatoes, garlic, thyme, or other herbs and vegetables is usually served alongside the dish

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