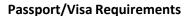
Montserrat

Travel Facts

US State Department Travel Advisory

The US State Department currently recommends US citizens exercise normal precautions in Montserrat.

https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html



For the latest passport and visa requirements for this country, please consult the US State Department's "Learn About Your Destination" search tool, available through the link below. https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html

US Embassy/Consulate

None (overseas territory of the UK); US citizens may call US Dept of State (202)-501-4444 for emergencies; alternate contact is the US Embassy in Barbados [1] (246) 227-4000; US Embassy in Bridgetown, Wildey Business Park, St. Michael BB 14006, Barbados, WI

LGBTQIA+, Women, and Special Needs Travelers

Additional travel considerations can be found on the US State Department's International Travel page. https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations.html

Telephone Code

664

Local Emergency Phone

Ambulance: 911; Police: 999

Vaccinations

The CDC and WHO recommend the following vaccinations for Montserrat: hepatitis A, hepatitis B, typhoid, yellow fever, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia, influenza, and COVID-19.

https://wwwnc.cdc.gov/travel/destinations/list

Climate

Tropical; little daily or seasonal temperature variation

Currency (Code)

East Caribbean dollars (XCD)

Electricity/Voltage/Plug Type(s)

230 V / 60 Hz / plug types(s): A, B





Type A

Major Languages

English

Major Religions

Protestant, Roman Catholic, Rastafarian, Hindu, Jehovah's Witness, Muslim

Time Difference

UTC-4 (1 hour ahead of Washington, DC, during Standard Time)

Potable Water

Opt for bottled water

International Driving Permit

Suggested; additionally, traveler will need to present their US driver's license & IDP to local police to pay a special registration fee

Road Driving Side

Left



Tourist Destinations

Soufriere Hills Volcano, Rendezvous Bay, Buried City tour

Major Sports

Yachting, basketball, cricket, soccer

Cultural Practices

It is proper to drink at least a symbolic amount of wine during a meal or in a ritual context to honor the host and toast the health of the people present. Occasionally in villages, toasting with the left hand may not be regarded as proper. It is improper to blow one's nose at the table.

Tipping Guidelines

No tip required at inexpensive restaurants, but leave up to 10% when service exceeds expectations in upscale dining establishments. Round up taxi fares. Tip the bellhop \$1 -2 (USD) per bag, depending on size, and housekeeping \$1 per day, even if there is a hotel service charge. A tip isn't expected, but you can leave up to 10% for anything that goes above and beyond your expectations from stylist to spa service provider.

Souvenirs

Leather goods, handwoven goods, volcanic soap, preserves

Traditional Cuisine

Goat water — a stew made from ram meat and served with a variety of sides including bread and rice

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