

Lesotho

Travel Facts



US State Department Travel Advisory

The US State Department currently recommends US citizens exercise increased caution in Lesotho due to crime. <https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

Passport/Visa Requirements

For the latest passport and visa requirements for this country, please consult the US State Department's "Learn About Your Destination" search tool, available through the link below.

<https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html>

US Embassy/Consulate

+(266) 2231-2666; EMER: +(266) 5888-4035; US Embassy Maseru, PO Box 333, Maseru 100, Lesotho; USConsularMaseru@state.gov; <https://ls.usembassy.gov/>

LGBTQIA+, Women, and Special Needs Travelers

Additional travel considerations can be found on the US State Department's International Travel page.

<https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations.html>

Telephone Code

266

Local Emergency Phone

Ambulance: 121; Fire: 122; Police: 123, 124

Vaccinations

The CDC and WHO recommend the following vaccinations for Lesotho: hepatitis A, hepatitis B, typhoid, yellow fever, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia, influenza, COVID-19.

<https://wwwnc.cdc.gov/travel/destinations/list>

Climate

Temperate; cool to cold, dry winters; hot, wet summers

Currency (Code)

Maloti (LSL)

Electricity/Voltage/Plug Type(s)

220 V / 50 Hz / plug types(s): M



Type M

Major Languages

Sesotho (southern Sotho), English, Zulu, Xhosa

Major Religions

Protestant, Roman Catholic

Time Difference

UTC+2 (7 hours ahead of Washington, DC, during Standard Time)

Potable Water

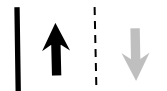
Opt for bottled water

International Driving Permit

Suggested

Road Driving Side

Left



Tourist Destinations

Sehlabathebe National Park; Thaba Bosiu Mountain; Ts'e hlanyane National Park; Liphofung Nature Reserve

Major Sports

Soccer, boxing, judo, cricket

Cultural Practices

Generally, counting on one's hands is done in the opposite order as is common in many Western countries, beginning at the pinky and progressing towards the thumb.

Tipping Guidelines

At most restaurants tipping is expected and 10-15% is appropriate. The exceptions are in rural parts of Lesotho where it is generally the custom to simply round up the bill. Tipping taxi drivers 10% is expected.

Souvenirs

Hand-woven wool/mohair clothing, tapestries, and accessories; traditional woven grass hats; leather goods; silver, gold, and diamond jewelry

Traditional Cuisine

Papa — boiled cornmeal porridge

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