Mozambique



US State Department Travel Advisory

The US State Department currently recommends US citizens exercise increased caution in Mozambique due to crime, terrorism, and health issues. Some areas have greater risk. https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html

Passport/Visa Requirements

Travel Facts

For the latest passport and visa requirements for this country, please consult the U.S. State Department's "Learn About Your Destination" search tool, available through the link below.

https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html

US Embassy/Consulate

+(258) 21-49-2797; EMER: +(258) 21-49-0723; US Embassy Maputo, Avenida Kenneth Kaunda, 193, Caixa Postal, 783, Maputo, Mozambique; consularmaputos@state.gov; <u>https://mz.usembassy.gov/</u>

LGBTQIA+, Women, and Special Needs Travelers

Additional travel considerations can be found on the US State Department's International Travel page. https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations.html

Telephone Code

258

Local Emergency Phone Ambulance: 117; Fire: 198; Police: 119

Vaccinations

The CDC and WHO recommend the following vaccinations for Mozambique: hepatitis A, hepatitis B, typhoid, cholera, yellow fever, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia, COVID-19, and influenza.

https://wwwnc.cdc.gov/travel/destinations/list

Climate Tropical to subtropical

Currency (Code) Meticais (MZM)

Electricity/Voltage/Plug Type(s)

220 V / 50 Hz / plug types(s): C, F, M





Type C



Major Languages Emakhuwa, Portuguese, Xichangana, Cinyanja, Cisena, Elomwe, Echuwabo, Cindau, Xitswa, other Mozambican languages

Major Religions

Roman Catholic and Muslim

Time Difference

UTC+2 (7 hours ahead of Washington, DC, during Standard Time)

Potable Water Opt for bottled water

International Driving Permit Suggested

Road Driving Side



Tourist Destinations

Gorongosa National Park; Maputo (includes Tunduru Botanical Gardens, Cathedral, Fortress, National Money Museum), Maputo Elephant Reserve; Macuti Lighthouse & Shipwreck

Major Sports

Soccer, basketball, volleyball

Cultural Practices

Covering a fist with one's open hand signals "that's enough."

Tipping Guidelines

Tipping is standard practice in Mozambique. Tipping 10% in restaurants and bars is common. Round up taxi fares. Tip bellhops \$1 (USD) per bag and hotel housekeeping \$1-2 (USD) per day.

Souvenirs

Ritual masks, seashell and bead jewelry, hand woven and dyed fabric goods, carved wooden items, pottery

Traditional Cuisine

Peri peri chicken — grilled or roasted chicken marinated in cumin, garlic, paprika, lemon juice, and bird's eye chilis grilled or roasted and served with a creamy and spicy coconut sauce

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