Saint Vincent and the Grenadines

Travel Facts







US State Department Travel Advisory

The US State Department currently recommends US citizens exercise normal precautions in Saint Vincent and the Grenadines. https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html

Passport/Visa Requirements

For the latest passport and visa requirements for this country, please consult the US State Department's "Learn About Your Destination" search tool, available through the link below.

https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html

US Embassy/Consulate

US does not have an embassy in Saint Vincent and the Grenadines; the US Ambassador to Barbados is accredited to Saint Vincent and the Grenadines +(246) 227-4399; EMER: +(246) 227-4000; US Embassy Bridgetown, Wildey Business Park, Wildey, St. Michael BB 14006, Barbados, W.I.; BridgetownACS@state.gov; https://bb.usembassy.gov

LGBTQIA+, Women, and Special Needs Travelers

Additional travel considerations can be found on the US State Department's International Travel page. https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations.html

Telephone Code

784

Local Emergency Phone

999, 911

Vaccinations

The CDC and WHO recommend the following vaccinations for Saint Vincent and the Grenadines: typhoid, hepatitis A, polio, yellow fever, chikungunya, rabies, hepatitis B, influenza, COVID-19, pneumonia, meningitis, chickenpox, shingles, Tdap (tetanus, diphtheria and pertussis) and measles, mumps and rubella (MMR).

http://www.who.int/

Climate

Tropical; little seasonal temperature variation; rainy season (May to November)

Currency (Code)

East Caribbean dollars (XCD)

Electricity/Voltage/Plug Type(s)

110 V, 230 V / 50 Hz / plug types(s): A, B, G







Type B Type A

Major Languages

English, Vincentian Creole English, French patois

Major Religions

Protestant, Roman Catholic, Rastafarian, Jehovah's Witness

Potable Water

Opt for bottled water

Time Difference

UTC-4 (1 hour ahead of Washington, DC, during Standard Time)

International Driving Permit

Suggested

Road Driving Side

Left



Tourist Destinations

Tobago Cays; Montreal Gardens; La Soufriere cross country trail; Firefly Plantation in Bequia; Botanical Gardens in Kingstown; Dark View Falls; Vermont Natural Trail; Fort Duvernette; Bequia Beach; Union Beach

Major Sports

Rugby, cricket, soccer, netball, basketball, volleyball, tennis

Cultural Practices

Generosity and respect for elders are the core principles in society.

Don't call someone's name in public - it's a severe breach of etiquette.

Tipping Guidelines

A service charge of 10% is usually added to a restaurant or hotel bill, but if not, leave at least 10-15% depending on your satisfaction with the service. Tip taxi drivers 10%, bellhops \$2 (USD) per bag, and housekeeping \$2 per night.

Souvenirs

Sailboat models, recreational boats, handmade jewelry, handmade clothing, spices and hot sauces, straw-made items, grass rugs

Traditional Cuisine

Roasted breadfruit and fried jackfish — whole breadfruit are roasted over an open fire; the jackfish is typically marinated in lemon juice, coated in flour, and then fried; a sauce made with onions, tomatoes, garlic, thyme, or other herbs and vegetables is usually served alongside the dish

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