

Mauritania

Travel Facts



US State Department Travel Advisory

The US State Department currently recommends US citizens Reconsider Travel to Mauritania due to crime and terrorism. Some areas have increased risk.

<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

Passport/Visa Requirements

For the latest passport and visa requirements for this country, please consult the US State Department's "Learn About Your Destination" search tool, available through the link below.

<https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html>

US Embassy/Consulate

+(222) 4525-2660; EMER: +(222) 3662-8163; US Embassy Nouakchott, Nouadhibou Road, Avenue Al Quds, Nouakchott, Mauritania; consularnkc@state.gov; <https://mr.usembassy.gov/>

LGBTQIA+, Women, and Special Needs Travelers

Additional travel considerations can be found on the US State Department's International Travel page.

<https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations.html>

Telephone Code

222

Local Emergency Phone

Fire: 118; Police: 117

Vaccinations

The CDC and WHO recommend the following vaccinations for Mauritania: hepatitis A, hepatitis B, typhoid, yellow fever, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia, COVID-19, and influenza.

<https://wwwnc.cdc.gov/travel/destinations/list>

Climate

Desert; constantly hot, dry, dusty

Currency (Code)

Ouguiyas (MRO)

Electricity/Voltage/Plug Type(s)

220 V / 50 Hz / plug types(s): C



Type C

Major Languages

Arabic, Pular, Soninke, Wolof, French

Major Religions

Muslim

Time Difference

UTC 0 (5 hours ahead of Washington, DC, during Standard Time)

Potable Water

Opt for bottled water

International Driving Permit

Suggested

Road Driving Side

Right



Tourist Destinations

Banc d'Arguin National Park; Nouakchott; Ouadane, Chinguetti, Tichitt, & Oualata; Richat Structure in the Sahara Desert

Major Sports

Soccer, basketball

Cultural Practices

When talking about the past, people will often snap their fingers by their shoulders.

Tipping Guidelines

A tip of 12-15% is expected in restaurants if no service charge has been added to the bill. Hotel service staff and drivers welcome small tips.

Souvenirs

Dyed leather goods, silver jewelry and engraved items, woven rugs/carpets and hand-dyed fabric, knives; neolithic pottery, arrowheads, and other items

Traditional Cuisine

Thieboudienne — fish and rice served in a white and red sauce, usually made from tomatoes

June 2024

