

Trinidad and Tobago

Travel Facts



US State Department Travel Advisory

The US State Department currently recommends US citizens reconsider travel to Trinidad and Tobago due to crime. Exercise increased caution in Trinidad and Tobago due to terrorism and kidnapping. Some areas have increased risk.

<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

Passport/Visa Requirements

For the latest passport and visa requirements for this country, please consult the US State Department's "Learn About Your Destination" search tool, available through the link below.

<https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html>

US Embassy/Consulate

[1] (868) 622-6371 through 6376; US Embassy in Port of Spain, 15 Queen's Park West, Port of Spain, Trinidad and Tobago; acspos@state.gov; <https://tt.usembassy.gov/>

LGBTQIA+, Women, and Special Needs Travelers

Additional travel considerations can be found on the US State Department's International Travel page.

<https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations.html>

Telephone Code

868

Local Emergency Phone

Ambulance: 990; Fire: 990; Police: 999

Vaccinations

The CDC and WHO recommend the following vaccinations for Trinidad and Tobago: hepatitis A, hepatitis B, typhoid, yellow fever, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia, COVID-19, and influenza.

<http://www.who.int/>

Climate

Tropical; rainy season (June to December)

Currency (Code)

Trinidad and Tobago dollars (TTD)

Electricity/Voltage/Plug Type(s)

115 V / 60 Hz / plug types(s): A, B



Type A



Type B

Major Languages

English, Trinidadian Creole English, Tobagonian Creole English, Caribbean Hindustani (a dialect of Hindi), Trinidadian Creole French, Spanish, Chinese

Major Religions

Protestant, Roman Catholic, Hindu, Muslim, Jehovah's Witness

Time Difference

UTC-4 (1 hour ahead of Washington, DC, during Standard Time)

Potable Water

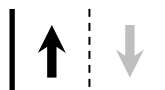
Opt for bottled water

International Driving Permit

Suggested; additionally, if you plan to drive in Trinidad and Tobago, you will need an Inter-American Driving Permit issued by the AAA

Road Driving Side

Left



Tourist Destinations

Port of Spain; Maracas Bay; Pigeon Point; Caroni Bird Sanctuary; Asa Wright Nature Centre & Lodge; Little Tobago Island; Mount Saint Benedict Monastery

Major Sports

Soccer, sailing, track and field, rugby

Cultural Practices

Sociability and gregariousness are encouraged but not in business settings. Punctuality is not always expected, and habitual lateness is common in the country.

Tipping Guidelines

In general, Trinidadians do not tip. A 10% service charge is often included at restaurants. If you really want to tip a particular waiter for exceptional service, make sure to physically give them the cash or leave it on the table where they can see it. Do not add it into the bill or credit card slip. Tipping private taxi drivers is at your discretion. Do not tip if you share a taxi. Tip a few dollars each round for the bartender.

Souvenirs

Sarongs and other hand-painted clothing; shell necklaces and beaded, gold, and silver jewelry; leather sandals, spices, woodcarvings, steel pan drums, handmade ceramic statues

Traditional Cuisine

Fungee — a cornmeal breadball or patty eaten with vegetable mash and a sauce made from tomatoes, garlic, and salted codfish

June 2024

