

# Equatorial Guinea

## Travel Facts



### US State Department Travel Advisory

The US State Department currently recommends US citizens exercise increased caution in Equatorial Guinea due to crime and health.

<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

### Passport/Visa Requirements

For the latest passport and visa requirements for this country, please consult the U.S. State Department's "Learn About Your Destination" search tool, available through the link below.

<https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html>

### US Embassy/Consulate

[240] 333 09 57 41; US Embassy in Malabo, Malabo II Highway, (between the Headquarters of Sonagas and the offices of the United Nations), Malabo, Guinea Equatorial; <https://gq.usembassy.gov/>; [Malaboconsular@state.gov](mailto:Malaboconsular@state.gov)

### LGBTQIA+, Women, and Special Needs Travelers

Additional travel considerations can be found on the US State Department's International Travel page.

<https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations.html>

### Telephone Code

240

### Local Emergency Phone

Ambulance 112; General 114; Police 116

### Vaccinations

The CDC and WHO recommend the following vaccinations for Equatorial Guinea: hepatitis A, hepatitis B, typhoid, yellow fever, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia, influenza, and COVID-19.

<http://www.who.int/>

### Climate

Tropical; always hot, humid

### Currency (Code)

Cooperation Financiere en Afrique Central francs (Central African CFA franc, XAF)

### Electricity/Voltage/Plug Type(s)

220 V / 50 Hz / plug type(s): C, E



Type C

Type E

### Major Languages

Spanish, other (includes Fang, Bubi, Portuguese, French)

### Major Religions

Nominally Christian and predominantly Roman Catholic, Protestant

### Time Difference

UTC+1 (6 hours ahead of Washington, DC, during Standard Time)

### Potable Water

Opt for bottled water

### International Driving Permit

Suggested

### Road Driving Side

Right



### Tourist Destinations

Malabo; Monte Alén National Park; Cascades of Moca; Bioko Island; Bata

### Major Sports

Soccer, swimming

### Cultural Practices

In some groups, if greeting someone with higher status, it is customary to bow slightly so that your head is lower than theirs.

### Tipping Guidelines

Tipping is not expected in most restaurants and hotels except at establishments frequented by expatriates. Guides and private drivers also appreciate a tip of around 10%.

### Souvenirs

Traditional African cloth; soapstone, ivory, and wood carvings; woven baskets, tribal masks

### Traditional Cuisine

Succotash — a salad-like dish consisting of corn, lima beans, sweet peppers, tomatoes, and other vegetables sautéed in butter

May 2024



Equatorial Guinea