

~~SECRET~~

(b)(1)

(b)(3)

To: File

Subject: SI and H Experimentation, 29 September 1953.

On 29 September 1953, SI and H experimentation took place in Building 13, Room 20, with [REDACTED]

using [REDACTED]

as subjects.

The first part of the evening all girls were given suggestibility tests, including the falling back and the pendulum tests. All tests were satisfactory.

Then [REDACTED] using the progressive relaxation technique took all the subjects and before awakening them gave them a PH suggestion of falling asleep. Two girls immediately followed the PH suggestion and the others followed suit.

Next [REDACTED] took [REDACTED] while [REDACTED] watched. When [REDACTED] was induced into a trance seeing that the others were in a reclining position, [REDACTED] left [REDACTED] and then worked on [REDACTED]. [REDACTED] then went back to [REDACTED] and produced a somnambulistic stage where she walked and talked with her eyes open. [REDACTED] then put her back to sleep and awakened her. At this point, [REDACTED] went back to [REDACTED] and found that she was not perfectly relaxed and subsequently induced a rather deep hypnosis and sensory tests were successful. [REDACTED] then went to [REDACTED] and began further suggestions with her but as time was getting late, he awakened the latter two girls. In the meantime, [REDACTED] took [REDACTED] and worked with her in achieving a light trance. This girl is still exhibiting some resistance.

Also at the same time, [REDACTED] and [REDACTED] was able to obtain a successful hypnotic trance. The best subjects at the present are [REDACTED] can be developed into one. [REDACTED] is still an unknown quantity and [REDACTED] is a difficult subject.

APPROVED FOR RELEASE

DATE: Apr 2000

~~SECRET~~

92