

21 October 1952 (Tuesday)

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In accordance with pre-arranged plans, SI and H experimentation was carried on in Building 13, Room 20, with

Since this was the first session since 8 and 9 April 1952, most of the evening was devoted to a discussion of future plans, a review of motion pictures made previously, and some general discussions of the applications of the girls' work

It was decided by that since none of the subjects present had engaged in any H experiments since Aprtil, an excellent test of control would be to see how quickly and easily a deep H sleep could be induced without any previous buildup or slow induction. Accordingly, by agreement, instructed the three subjects, in less than live seconds, entered a deep H sleep. In the opinion of the writer, this clearly demonstrates the effectiveness of long-range hypnotic control and is of considerable significance in furture experimentation.

No extensive tests were made except some normal movement and awakening tests. Session was concluded at approximately 9:00 PM.

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