

# OHB Main Café

Menu for the Week of  
04/03/17

## Monday

<b>Breakfast</b>	Blueberry Pancake	\$0.48/oz.
<input type="checkbox"/>	Fresh Grilled Salmon with Asparagus & Arugula with Pesto Mayo	\$7.99
<input type="checkbox"/>	Korean Bulgogi Beef BBQ	\$7.49 (b)(4)
<input type="checkbox"/>	Provolone Mushroom Bacon Cheesesteak	\$6.99
<b>Soup</b>	Beef & Vegetables, Cream of Broccoli (v), Beef Chili (12 oz. / 16 oz.)	\$2.59/\$3.15
<input type="checkbox"/>	Please see page 2	\$0.48/oz. (b)(4)

Burritos or Bowls  
Made to Order

## Tuesday

<b>Breakfast</b>	Blueberry Pancake	\$0.48/oz.
<input type="checkbox"/>	Fresh Grilled Salmon with Asparagus & Arugula with Pesto Mayo	\$7.99
<input type="checkbox"/>	Pho (Vegetarian or with Beef, Chicken, or Pork)	\$6.49/\$7.49 (b)(4)
<input type="checkbox"/>	Provolone Mushroom Bacon Cheesesteak	\$6.99
<b>Soup</b>	Mexican Chicken Tortilla, Potato & Leek, Beef Chili (12 oz. / 16 oz.)	\$2.59/\$3.15
<input type="checkbox"/>	Please see page 2	\$0.48/oz. (b)(4)

Healthy & Allergen Free  
Cuisine

## Wednesday

<b>Breakfast</b>	Blueberry Pancake	\$0.48/oz.
<input type="checkbox"/>	Fresh Grilled Salmon with Asparagus & Arugula with Pesto Mayo	\$7.99(b)(4)
<input type="checkbox"/>	Stir-Fry Tempura Chicken with Vegetables	\$7.49 (b)(4)
<input type="checkbox"/>	Provolone Mushroom Bacon Cheesesteak	\$6.99
<b>Soup</b>	Cream of Tomato, Beef & Lentils, Beef Chili (12 oz. / 16 oz.)	\$2.59/\$3.15
<input type="checkbox"/>	Please see page 2	\$0.48/oz. (b)(4)

## Thursday

<b>Breakfast</b>	Blueberry Pancake	\$0.48/oz.
<input type="checkbox"/>	Fresh Grilled Salmon with Asparagus & Arugula with Pesto Mayo	\$7.99
<input type="checkbox"/>	Pho (Vegetarian or with Beef, Chicken, or Pork)	\$6.49/\$7.49 (b)(4)
<input type="checkbox"/>	Provolone Mushroom Bacon Cheesesteak	\$6.99
<b>Soup</b>	Kale Soup, Chipotle Chicken, Beef Chili (12 oz. / 16 oz.)	\$2.59/\$3.15
<input type="checkbox"/>	Please see page 2	\$0.48/oz. (b)(4)

**Breakfast**  
6:30 am – 9:30 am  
**Continental Breakfast**  
9:30 am – 11:00 am  
**Lunch & Snacks**  
11:00 am – 2:00 pm

## Friday

<b>Breakfast</b>	Blueberry Pancake	\$0.48/oz.
<input type="checkbox"/>	Fresh Grilled Salmon with Asparagus & Arugula with Pesto Mayo	\$7.99
<input type="checkbox"/>	Szechuan Steak with Snow Peas	\$7.49(b)(4)
<input type="checkbox"/>	Provolone Mushroom Bacon Cheesesteak	\$6.99
<b>Soup</b>	Fish Chowder, Chef's Choice, Beef Chili (12 oz. / 16 oz.)	\$2.59/\$3.15
<input type="checkbox"/>	Please see page 2	\$0.48/oz. (b)(4)

(v) Vegetarian

Café Hours of Operation: 6:30 am – 2:00 pm



OHB  Menu

(b)(4)

\$0.48 per ounce

**Monday**


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Vegetable Bar Entrées	An assortment of fresh vegetables served daily Seafood Risotto Chicken Piri Piri Black Bean Chilli Con Carne Chicken Parmesan Slow Baked Beef with a potato Crust Vegetable Biryani (v) Spanakopita (v)
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**Tuesday**


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Vegetable Bar Entrées	An assortment of fresh vegetables served daily Pork Loin stuffed with sweet apple and cranberry Chicken Tandoori with Cilantro Mint Chutney and Naan Slow Roasted Beef Brisket Moroccan Fish Tagine Beef Bourguignon Rigatoni with Sautéed Leeks, Mushroom Peas cream sauce (V) Vegetable Paella (v)
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**Wednesday**


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Vegetable Bar Entrées	An assortment of fresh vegetables served daily House Made Meatballs with tomato basil, Spaghetti and Fresh Garlic Bread Sweet and Sour Pork Stir Fry Chicken Shish Kabob with Naan and Cilantro Chutney Pan Fried Fresh Whiting with Tartar Sauce Fragrant Beef Curry Jamaican Black Bean Pot Gnocchi with Tomato Basil Sauce
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**Thursday**


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Vegetable Bar Entrées	An assortment of fresh vegetables served daily Roasted Turkey with Gravy Jambalaya with Chicken, Sausage and Okra Pork Chop with pan Gravy Chicken Mushroom Marsala with Pappardelle Pasta Tuscan Style Roasted Chicken with Rosemary, sage and garlic Baked Tilapia with white wine lemon, fresh tomato, olive sauce Baked Penne Pasta with Vegetables, Mushroom, Thymes and Tomato
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**Friday**


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Vegetable Bar Entrées	An assortment of fresh vegetables served daily Chicken Biryani with Naan and Cilantro Mint Chutney Seafood Paella Chicken Tamarind with Figs Fried Catfish Blacken Catfish with Corn Bread Korean BBQ Sticky Wings, Hot Wings Honey Mustard Wings, Baked Lemon Garlic Wings
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