

# OHB Main Café

Menu for the Week of  
11/21/16

**Freshly Prepared**

At

Fennel & Artichoke Salad (v)(h)  
Corn & Black Bean Salad (v)(h)  
\$0.44 per ounce

**Pumpkin & Squash**

Kale, Quinoa, & Roasted Pumpkin Pilaf  
\$0.44 per ounce



**Friday, November 25<sup>th</sup>**

Served at

**Minnesota**

"Skol" Hotdog  
\$4.99

vs.

**Detroit**

Yardbird Sandwich  
\$6.99

Burritos or Bowls  
Made to Order

Healthy & Allergen Free  
Cuisine

**Noodle Bar**

Offered Daily  
**Curry, Sapporo  
Or Shio Ramen  
Beef, Chicken,  
Pork or Combo**

\$6.99  
**Tofu or Vegetable (v)**  
\$5.99

(b)(4)

**Monday**

<b>Breakfast</b>	Buttermilk Pancake with Berries (v)	\$3.99
<input type="text"/>	Fresh Mozzarella, Roma Tomato & Basil (v)	\$6.09
<input type="text"/>	Beef & Broccoli	\$6.99 (b)(4)
<input type="text"/>	Provolone and Caramelized Onion Cheesesteak (Regular/Large)	\$6.99/\$8.99
<b>Soup</b>	Tomato Basil (12 oz. / 16 oz.)	\$1.89/\$2.39
<input type="text"/>	Please see page 2	\$0.44/oz. (b)(4)

**Tuesday**

<b>Breakfast</b>	Sausage, Egg & Cheddar Country Skillet	\$3.99
<input type="text"/>	Ambassador Club	\$6.49
<input type="text"/>	Pho (Vegetarian or with Beef, Chicken, or Pork)	\$5.99/\$6.99 (b)(4)
<input type="text"/>	Chili Pepper Cheesesteak (Regular/Large)	\$6.99/\$8.99
<b>Soup</b>	Bean & Ham (12 oz. / 16 oz.)	\$1.89/\$2.39
<input type="text"/>	Please see page 2	\$0.44/oz. (b)(4)

**Wednesday**

<b>Breakfast</b>	Egg White Vegetable Scramble with Pico de Gallo	\$3.99
<input type="text"/>	Station Closed for Holiday	
<input type="text"/>	Station Closed for Holiday	(b)(4)
<input type="text"/>	Garlic Mushroom Cheesesteak (Regular/Large)	\$6.99/\$8.99
<b>Soup</b>	Italian Wedding (12 oz. / 16 oz.)	\$1.89/\$2.39
<input type="text"/>	Please see page 2	\$0.44/oz. (b)(4)

**Thursday**

<b>Breakfast</b>	Café Closed, Enjoy Your Holiday	
<input type="text"/>		(b)(4)
<b>Soup</b>		(b)(4)
<input type="text"/>		(b)(4)

**Friday**

<b>Breakfast</b>	Turkey Bacon & Tomato Breakfast Tart	\$3.99
<input type="text"/>	Station Closed for Holiday	
<input type="text"/>	Station Closed for Holiday	(b)(4)
<input type="text"/>	Football Food Friday: "Skol" Hotdog, Yardbird Sandwich	\$4.99/\$6.99 (b)(4)
<b>Soup</b>	New England Clam Chowder (12 oz. / 16 oz.)	\$1.89/\$2.39
<input type="text"/>	Please see page 2	\$0.44/oz. (b)(4)

**Breakfast**  
6:30 am – 9:30 am  
**Continental Breakfast**  
9:30 am – 11:00 am  
**Lunch & Snacks**  
11:00 am – 2:00 pm



(h) Healthy Course Selection

(v) Vegetarian

Café Hours of Operation: 6:30 am – 2:00 pm

(b)(4)



OHB  Menu  
 \$0.44 per ounce

(b)(4)

**Monday**


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Vegetable Bar	An assortment of fresh vegetables served daily
Theme Bar	Peruvian Chicken Quarters, Beef Tamales Catch of the Day with Cabbage and Tomato Sauce
Comfort Classics	Roast Beef with Onion Au Jus, Fried Chicken Carved Beef Brisket, Stuffed Baked Pasta Shells

**Tuesday**


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Vegetable Bar	An assortment of fresh vegetables served daily
Theme Bar	Madras Fish Curry, Pork Makhni Chicken Masala
Comfort Classics	Roasted Rotisserie Style Chicken, BBQ Pulled Pork Cornmeal Fried Catfish with Pineapple Salsa

**Wednesday**


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Vegetable Bar	An assortment of fresh vegetables served daily
Theme Bar	Chicken Teriyaki with Bok Choy Asian Marinated Pork Loin, General Tso Beef
Comfort Classics	Cajun Style Tilapia with Charred Tomato Chutney, Vegetable Lasagna Pan Fried Pork Chops, Herb and Pepper Crusted Roast Beef

**Thursday**


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Vegetable Bar	Café Closed, Enjoy Your Holiday
Theme Bar	
Comfort Classics	

**Friday**


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Vegetable Bar	An assortment of fresh vegetables served daily
Theme Bar	Baked Catch of the Day with Mediterranean Slaw, Sausage Alla Puttanesca Lemon Chicken with Vegetables, Israeli Couscous with Roasted Vegetables
Comfort Classics	Cajun Roasted Wings, Spicy Buffalo Wings Asian Teriyaki Glazed Wings, Carolina Style BBQ Wings

## **Monday**

### **Vegetable Bar**

An assortment of fresh vegetables served daily.

### **Theme Bar: Latin Style**

**Peruvian Chicken Quarters**

**Catch of the Day with Cabbage and Tomato Sauce**

**Beef Tamales**

Plantains with Sour Cream

Brown Rice / Spanish Rice

Calabasas Verdes (Roasted Zucchini)

Fajitas Roasted Vegetables

**Dessert:** Arroz con Leche

### **Comfort Food: American Classics**

**Roast Beef with Onion Au Jus / Baguettes**

**Carved Beef Brisket**

**Fried Chicken**

**Stuffed Baked Pasta Shells**

Macaroni and Cheese

Yukon Mashed Potatoes

Steamed Green Beans

Collard Greens

## Tuesday

### **Vegetable Bar**

An assortment of fresh vegetables served daily.

### **Theme Bar: Indian Style**

**Madras Fish Curry**

**Pork Makhni**

**Chicken Masala**

Chana Masala

Vegetarian Tarka Dhal

Basmati Rice

Mixed Vegetable Curry

Naan Bread

### **Comfort Food: American Classics**

**Roasted Rotisserie Style Chicken**

**BBQ Pulled Pork**

**Cornmeal Fried Catfish with Pineapple Salsa**

Maple Roasted Acorn Squash

Garlic Roasted Potatoes

Creamed Spinach

Brussel Sprouts

**Dessert:** Bread Pudding

## **Wednesday**

### **Vegetable Bar**

An assortment of fresh vegetables served daily.

### **Theme Bar: Asian Style**

**Chicken Teriyaki with Bok Choy**

**Asian Marinated Pork Loin**

**General Tso Beef**

Jasmine Rice

Brown Rice

Nada Cabbage and Tofu Stir Fry

Spring Rolls

Dumplings with Sweet Chili Sauce

### **Comfort Food: American Classics**

**Cajun Style Tilapia with Charred Tomato Chutney**

**Pan Fried Pork Chops**

**Herb and Pepper Crusted Roast Beef**

**Vegetable Lasagna**

Garlic Mashed Potatoes

Mixed Vegetables

Chili Glazed Sweet Potatoes

Sautéed Kale

## **Thursday**

Café Closed, Enjoy Your Holiday

## **Friday**

### **Vegetable Bar**

An assortment of fresh vegetables served daily.

### **Theme Bar: Mediterranean Style**

**Baked Catch of the Day with Mediterranean Slaw**

**Lemon Chicken with Vegetables**

**Israeli Couscous with Roasted Vegetables**

**Sausage Alla Puttanesca**

Brown Rice

Greek Style Potato Salad

Green Beans with Roasted Onions

Pepperoncini Pasta with Artichokes Hearts

### **Comfort Food: American Classics**

**Spicy Buffalo Wings / Plain Wings**

**Asian Teriyaki Glazed Wings**

**Carolina Style BBQ Wings**

**Cajun Roasted Wings**

BBQ Baked Beans

Parmesan Roasted Potatoes

Macaroni and Cheese

**Dessert:** Peach Cobbler

**Daily Hot Proteins**

Herb Marinated Grilled Chicken Breast

Herb Marinated Chicken Thighs

Fried Chicken Tenders

Grilled Montreal Steak

Buffalo Chicken Tenders