



# OHB Main Café

Menu for the Week of  
02/05/18

**Wednesday, February 7<sup>th</sup>**

**11 am-2pm**

Served at   
\$0.48 per ounce

**Salad Bar with Fresh Fruits, Vegetables, & Whole Grains**

\$0.48 per ounce

Burritos or Bowls  
Made to Order

Healthy & Allergen Free  
Cuisine

**Chicken or Pork** \$6.75  
**Beef** \$7.75  
**Shrimp** \$8.75  
**Tofu** \$5.75  
**Vegetable** \$4.75

**Served on Tuesdays, Wednesdays, and Thursdays next to**

**Café Hours of Operation**  
6:30 am – 2:00 pm

**Breakfast**

6:30 am – 9:30 am

**Continental Breakfast**

9:30 am – 11:00 am

**Lunch & Snacks**

11:00 am – 2:00 pm

**Monday**

<input type="text"/>	Ribeye Steak with White Cheddar, Onions, & Horseradish	\$7.99	(b)(4)
<input type="text"/>	Pho (Beef or Tofu)	\$6.49/\$7.49	(b)(4)
<input type="text"/>	Turkey Burger with Stuffing & Cranberry Sauce	\$6.99	(b)(4)
<input type="text"/>	Shredded Beef Chimichanga	\$7.49	(b)(4)
<input type="text"/>	Winter Vegetable & Quinoa Bowl  , Fennel Crusted Pork	\$5.25	
<input type="text"/>	<b>Soup</b> Chef's Choice, Tomato & Basil , Turkey Chili (12 oz./16 oz.)	\$2.59/\$3.15	
<input type="text"/>	Please See Page 2	\$0.48/oz	(b)(4)

**Tuesday**

<input type="text"/>	Ribeye Steak with White Cheddar, Onions, & Horseradish	\$7.99	(b)(4)
<input type="text"/>	Pad Thai (Shrimp, Chicken or Tofu)	\$6.49/\$7.49	(b)(4)
<input type="text"/>	Turkey Burger with Stuffing & Cranberry Sauce	\$6.99	(b)(4)
<input type="text"/>	Shredded Beef Chimichanga	\$7.49	(b)(4)
<input type="text"/>	Sweet & Sour Meatballs  , Polenta Rounds with Marinara	\$5.25	
<input type="text"/>	<b>Soup</b> Chef's Choice, Chicken Noodle, Turkey Chili (12 oz./16 oz.)	\$2.59/\$3.15	
<input type="text"/>	Please See Page 2	\$0.48/oz	(b)(4)

**Wednesday**

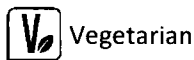
<input type="text"/>	Ribeye Steak with White Cheddar, Onions, & Horseradish	\$7.99	(b)(4)
<input type="text"/>	Pho (Chicken or Tofu)	\$6.49/\$7.49	(b)(4)
<input type="text"/>	Turkey Burger with Stuffing & Cranberry Sauce	\$6.99	(b)(4)
<input type="text"/>	Shredded Beef Chimichanga	\$7.49	(b)(4)
<input type="text"/>	Honey Balsamic-Glazed Chicken , Asian Fried Rice Bowl	\$5.25	
<input type="text"/>	<b>Soup</b> Chef's Choice, Chicken Taco Soup, Turkey Chili (12 oz./16 oz.)	\$2.59/\$3.15	
<input type="text"/>	Please See Page 2	\$0.48/oz	(b)(4)

**Thursday**

<input type="text"/>	Ribeye Steak with White Cheddar, Onions, & Horseradish	\$7.99	(b)(4)
<input type="text"/>	Pad Thai (Shrimp, Chicken or Tofu)	\$6.49/\$7.49	(b)(4)
<input type="text"/>	Turkey Burger with Stuffing & Cranberry Sauce	\$6.99	(b)(4)
<input type="text"/>	Shredded Beef Chimichanga	\$7.49	(b)(4)
<input type="text"/>	Roasted BBQ Chicken Breast , Sweet & Tangy Flank Steak	\$5.25/\$6.25	
<input type="text"/>	<b>Soup</b> Chef's Choice, Tuscan Vegetable , Turkey Chili (12 oz./16 oz.)	\$2.59/\$3.15	
<input type="text"/>	Please See Page 2	\$0.48/oz	(b)(4)

**Friday**

<input type="text"/>	Ribeye Steak with White Cheddar, Onions, & Horseradish	\$7.99	(b)(4)
<input type="text"/>	Pho (Shrimp or Tofu)	\$6.49/\$7.49	(b)(4)
<input type="text"/>	Turkey Burger with Stuffing & Cranberry Sauce	\$6.99	(b)(4)
<input type="text"/>	Shredded Beef Chimichanga	\$7.49	(b)(4)
<input type="text"/>	Balsamic Glazed Salmon , Quinoa Stuffed Sweet Potatoes	\$7.25/\$5.25	(b)(4)
<input type="text"/>	<b>Soup</b> Chef's Choice, Curry Cauliflower , Turkey Chili (12 oz./16 oz.)	\$2.59/\$3.15	
<input type="text"/>	Please See Page 2	\$0.48/oz	(b)(4)









legendary/responsible since 1977






# OHB Menu

\$0.48 per ounce




## Monday

Vegetable Bar	An assortment of fresh vegetables served daily	
Entrées	Beef Vindaloo with Chutney & Naan	Fish Korma with Cod
	Balti Butter Chicken	Curry Winter Vegetable Stew 
	Chicken Korma with Chutney & Naan	Pumpkin, Kidney Beans, & Tomato Stew 
Sides	Eggplant Stew with Chickpeas 	Curry Cauliflower 
	Chickpea Masala 	Red Lentil Dal with Whole Spices 






## Tuesday

Vegetable Bar	An assortment of fresh vegetables served daily	
Entrées	Korean Beef Tacos with Crispy Slaw	Jerk Chicken Tacos with Mango Chutney
	Grilled Adobo Rubbed Chicken	Cuban Mojo Roasted Pork Loin
	Pork Carnitas Tacos	Cilantro Lime Rice 
Sides	Steamed Broccoli with Cheddar Cheese 	Roasted Zucchini & Yellow Squash 
	Sweet Plantains 	Sautéed Red Cabbage 




## Wednesday

Vegetable Bar	An assortment of fresh vegetables served daily	
Entrées	Chicken Piccata with Lemon Caper Butter Sauce	Braised Beef with Rigatoni & Tomato Ragù
	Edna Lewis' Seafood Gumbo	Southern Smothered Pork Chops
	Edna Lewis' Chicken with Hominy Casserole	Spinach & Mushroom Lasagna 
	Shrimp Curry a la Zephyr Wright	
Sides	Edna Lewis' Hoppin' John	Cajun Roasted Potatoes 
	Edna Lewis' Simmered Greens with Cornmeal Dumplings	Baked Candied Yams 

## Thursday

Vegetable Bar	An assortment of fresh vegetables served daily	
Entrées	Herb Roasted Turkey	Stuffed Pork Chop with Feta, Apples & Cranberries
	Meatloaf	Chicken Marsala
	Chicken Confit with Chipotle Apple Jam	Pumpkin Risotto 
	Mushroom & Thyme Pie	
Sides	Roasted Green Beans with Almonds 	Cranberry & Sage Stuffing 
	Garlic Mashed Potatoes 	Sautéed Spinach 

## Friday

Vegetable Bar	An assortment of fresh vegetables served daily	
Entrées	Cod Fish & Chips	Sticky Wings, Buffalo Wings,
	Teriyaki Beef with Baby Bok Choy	Honey Mustard Wings, Baked Lemon Garlic Wings
	Arroz con Pollo	Cajun Chicken Lasagna
	Buttermilk Fried Chicken	Andouille Sausage with Creamy Garlic Grits
Sides	Sautéed Kale 	Celery Sticks 
	Succotash 	Carrot Sticks 