

OHB Main Café

Menu for the Week of
10/17/16

Freshly Prepared

At

Roasted Teriyaki Mushrooms (v)
Roasted Brussel Sprouts (v)
\$0.44 per ounce



Tuesday, October 18th
Oakland

Served at

All-Star Dog

\$6.99 with fries



Taste the rich heritage
of Italy every
Wednesday of October

Served at



Friday, October 21st

Served at

Oakland Raiders

Chicken Quesadilla
\$6.99 with fries

vs.

Jacksonville Jaguars

"Teal Street" Chicken Tacos
\$6.99 with fries

Burritos or Bowls
Made to Order

Healthy & Allergen Free
Cuisine

Noodle Bar

Offered Daily

**Curry, Sapporo
Or Shio Ramen
Beef, Chicken,
Pork or Combo**

\$6.99

Tofu or Vegetable (v)

\$5.99

Monday

Breakfast	Strawberry Cream Cheese Stuffed French Toast (v)	\$3.99
<input type="text"/>	Grilled Chicken Avocado BLT	\$6.49
<input type="text"/>	Korean Bulgogi Beef BBQ	\$6.99
<input type="text"/>	Brie and Caramelized Onion Cheesesteak (Regular/Large)	\$6.99/\$8.99
Soup	Broccoli & Cheese (12 oz. / 16 oz.)	\$1.89/\$2.39
<input type="text"/>	Please see page 2	\$0.44/oz.

Tuesday

Breakfast	Buttermilk Waffle & Canadian Bacon Breakfast Stack	\$3.99
<input type="text"/>	Bistro Ham & Swiss on Flatbread	\$6.49
<input type="text"/>	Pho (Vegetarian or with Beef, Chicken, or Pork)	\$5.99/\$6.99
<input type="text"/>	Legacy Tuesday: All-Star Dog (mac & cheese, nacho cheese, jalapeños)	\$6.99
Soup	Cream of Potato (12 oz. / 16 oz.)	\$1.89/\$2.39
<input type="text"/>	Please see page 2	\$0.44/oz.

Wednesday

Breakfast	Multi Grain Pancakes with Apricot Compote (v)	\$3.99
<input type="text"/>	Smoked Turkey with Cranberry & Cheddar	\$6.49
<input type="text"/>	Stir-Fry Pork with Vegetables	\$6.99
<input type="text"/>	Roasted Garlic & Mushroom Cheesesteak (Regular/Large)	\$6.99/\$8.99
Soup	Chicken Gumbo (12 oz. / 16 oz.)	\$1.89/\$2.39
<input type="text"/>	Please see page 2	\$0.44/oz.

Thursday

Breakfast	Italian Sausage, Egg & Cheese Frittata	\$3.99
<input type="text"/>	Roast Beef & Turkey with Dill Havarti	\$6.49
<input type="text"/>	Pho (Vegetarian or with Beef, Chicken, or Pork)	\$5.99/\$6.99
<input type="text"/>	Spicy Italian Cheesesteak (Regular/Large)	\$6.99/\$8.99
Soup	Minestrone (12 oz. / 16 oz.)	\$1.89/\$2.39
<input type="text"/>	Please see page 2	\$0.44/oz.

Friday

Breakfast	Scrambled Eggs with Chorizo	\$3.99
<input type="text"/>	Moroccan Vegetable Wrap (v) (h)	\$6.09
<input type="text"/>	Shrimp with Snow Peas	\$6.99
<input type="text"/>	Football Food Friday: Chicken Quesadilla, "Teal Street" Chicken Tacos	\$6.99
Soup	Tomato Florentine (12 oz. / 16 oz.)	\$1.89/\$2.39
<input type="text"/>	Please see page 2	\$0.44/oz.

Breakfast

6:30 am – 9:30 am

Continental Breakfast

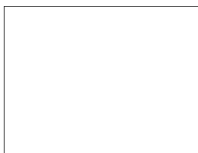
6:30 am – 11:00 am

Lunch

11:00 am – 2:00 pm

Snacks & Beverages

11:00 pm – 2:00 pm



(h) Healthy Course Selection

(v) Vegetarian

Café Hours of Operation: 6:30 am – 2:00 pm



OHB Menu

\$0.44 per ounce

Monday

- Vegetable Bar An assortment of fresh vegetables served daily
- Theme Bar Jamaican Jerk Fish with Black Beans and Rice with Corn Relish
Calypso Spicy Pineapple Chicken
- Comfort Classics Meatballs with Lemon Caper Sauce
Grilled Cheese, Buffalo Chicken Dip with Chips

Tuesday

- Vegetable Bar An assortment of fresh vegetables served daily
- Theme Bar Garam Masala Chicken, Beef Makhni
Yellow Curry Fish with Pineapple
- Comfort Classics Country Fried Steak
Sausage Jambalaya

Wednesday

- Vegetable Bar An assortment of fresh vegetables served daily
- Theme Bar Spicy Singapore Chicken, Mushroom Ginger Pork
Sweet and Sour Spare Ribs
- Comfort Classics Texas Road House Stew with Noodles
BBQ Pulled Pork, Chicken and Dumplings



Thursday

- Vegetable Bar An assortment of fresh vegetables served daily
- Theme Bar Pork Piccata with Capers, Italian Sausage with Peppers and Onions
Chicken with Mushrooms and Onions, Whole Wheat Penne with Marinara
- Comfort Classics Roasted Turkey Breast, Beef Pot Pie
Herb Marinated Chicken Breast with Mushroom Sauce

Friday

- Vegetable Bar An assortment of fresh vegetables served daily
- Theme Bar Chicken Florentine, Moussaka
Baked Citrus Herb Cod, Spanakopita
- Comfort Classics Cajun Roasted Jumbo Wings, Carolina Style BBQ Wings
Spicy Buffalo Wings, Asian Teriyaki Garlic Wings

Monday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Caribbean Style

Jamaican Jerk Fish with Black Beans and Rice with Corn Relish

Calypso Spicy Pineapple Chicken

Coconut Rice and Beans

Mashed Yucca with Garlic

Sweet Roasted Potatoes

Plantains

Caribbean Succotash

Dessert: Key Lime Pudding

Comfort Food: American Classics

Meatballs with Lemon Caper Sauce

Grilled Cheese

Buffalo Chicken Dip with Chips

Yukon Mashed Potatoes

Sweet Potato Fries

Roasted Brussel Sprouts

Cheese Cauliflower

Dessert: Cherry Cobbler

Tuesday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Indian Style

Garam Masala Chicken

Beef Makhni

Yellow Curry Fish with Pineapple

Brown Rice

Chana Masala

Tarka Dhal

Cauliflower with Shredded Ginger

Roasted Corn with Peppers

Comfort Food: American Classics

Country Fried Steak

Sausage Jambalaya

Baked Beans

Cajun Rice

Roasted Mixed Vegetables

Cheese Grits

Cream of Spinach

Dessert: Apple Cobbler

Wednesday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Asian Style

Spicy Singapore Chicken

Sweet and Sour Spare Ribs

Mushroom Ginger Pork

White Rice

Vegetable Stir Fry

Pad Thai Noodles

Fried Sesame Green Beans

Chop Suey

Comfort Food: American Classics

Texas Road House Stew with Noodles

BBQ Pulled Pork / Hamburger Buns

Chicken and Dumplings

Loaded Twice Baked Potatoes

Cheese Cauliflower

Roasted Root Vegetables

Braised Cabbage with Crispy Bacon

Steamed Vegetable Medley

Thursday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Italian

Pork Piccata with Lemons and Capers

Roasted Chicken with Sautéed Mushrooms and Caramelized Onions

Italian Sausage with Sautéed Peppers and Onions

Whole Wheat Penne / Marinara

Eggplant Parmesan

Lemon Caper Orzo with Herbs and Tomato

Roasted Zucchini and Squash

Roasted Spaghetti Squash

Comfort Food: American Classics

Roasted Turkey Breast

Beef Pot Pie

Herb Marinated Chicken Breast with Mushroom Sauce

Garlic Roasted Potatoes

Green Bean Casserole

Mashed Sweet Potatoes

Roasted Brussel Sprouts

Dessert: Blackberry Cobbler

Friday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Mediterranean Style

Chicken Florentine

Baked Citrus Herb Cod

Moussaka

Spanakopita

Vegetable Couscous

Mediterranean Stuffed Cabbage

Cauliflower / Almonds / Raisins

Sautéed Onions and Peppers

Comfort Food: American Classics

Cajun Roasted Jumbo Wings

Spicy Buffalo Wings

Asian Teriyaki Garlic Wings

Carolina Style BBQ Wings

Macaroni and Cheese

Creamy Mashed Potatoes

Roasted Vegetables

Glazed Beets

Daily Hot Proteins

Herb Marinated Grilled Chicken Breast

Herb Marinated Chicken Thighs

Fried Chicken Tenders

Grilled Montreal Steak

Buffalo Chicken Tenders