

OHB Main Café

Menu for the Week of
10/24/16

(b)(4)

Freshly Prepared

At

Fennel & Artichoke Salad (v)(h)

Corn & Black Bean Salad (v)(h)

\$0.44 per ounce



**Tuesday, October 25th
San Francisco Giants**

Served at

Gilroy Garlic Fries

\$2.49



Taste the rich heritage
of Italy every
Wednesday of October

Served at



Friday, October 28th

Served at

Washington DC

"Almost-Ben's" Chili Dog
\$4.99 with fries

vs.

Cincinnati

Cincinnati Chili
\$4.99

Burritos or Bowls
Made to Order

Healthy & Allergen Free
Cuisine

Noodle Bar

Offered Daily

**Curry, Sapporo
Or Shio Ramen
Beef, Chicken,
Pork or Combo**

\$6.99

Tofu or Vegetable (v)

\$5.99

Monday

Breakfast	Buttermilk Pancake with Berries (v)	\$3.99
<input type="checkbox"/>	Fresh Mozzarella, Roma Tomato & Basil (v)	\$6.09
<input type="checkbox"/>	Beef & Broccoli	\$6.99 (b)(4)
<input type="checkbox"/>	Brie and Caramelized Onion Cheesesteak (Regular/Large)	\$6.99/\$8.99
Soup	Tomato Basil (12 oz. / 16 oz.)	\$1.89/\$2.39
<input type="checkbox"/>	Please see page 2	\$0.44/oz. (b)(4)

Tuesday

Breakfast	Sausage, Egg & Cheddar Country Skillet	\$3.99 (b)(4)
<input type="checkbox"/>	Ambassador Club	\$6.49
<input type="checkbox"/>	Pho (Vegetarian or with Beef, Chicken, or Pork)	\$5.99/\$6.99 (b)(4)
<input type="checkbox"/>	Chili Pepper Cheesesteak (Regular/Large)	\$6.99/\$8.99
Soup	Bean & Ham (12 oz. / 16 oz.)	\$1.89/\$2.39
<input type="checkbox"/>	Please see page 2	\$0.44/oz. (b)(4)

Wednesday

Breakfast	Egg White Vegetable Scramble with Pico de Gallo	\$3.99
<input type="checkbox"/>	Chicken, Sun-Dried Tomato & Chipotle	\$6.49
<input type="checkbox"/>	Pad Thai with Shrimp	\$6.99 (b)(4)
<input type="checkbox"/>	Garlic Mushroom Cheesesteak (Regular/Large)	\$6.99/\$8.99
Soup	Italian Wedding (12 oz. / 16 oz.)	\$1.89/\$2.39
<input type="checkbox"/>	Please see page 2	\$0.44/oz. (b)(4)

Thursday

Breakfast	Farmer's Breakfast Casserole	\$3.99
<input type="checkbox"/>	Fresh Mozzarella, Roma Tomato & Basil (v)	\$6.09
<input type="checkbox"/>	Pho (Vegetarian or with Beef, Chicken, or Pork)	\$5.99/\$6.99 (b)(4)
<input type="checkbox"/>	Spicy Italian Cheesesteak (Regular/Large)	\$6.99/\$8.99
Soup	Three Bean Chili (12 oz. / 16 oz.)	\$1.89/\$2.39
<input type="checkbox"/>	Please see page 2	\$0.44/oz. (b)(4)

Friday

Breakfast	Turkey Bacon & Tomato Breakfast Tart	\$3.99
<input type="checkbox"/>	Roast Beef, Brie & Caramelized Onions	\$6.49 (b)(4)
<input type="checkbox"/>	Mongolian Beef	\$6.99
<input type="checkbox"/>	Football Food Friday: "Almost-Ben's" Chili Dog, Cincinnati Chili	\$4.99 (b)(4)
Soup	New England Clam Chowder (12 oz. / 16 oz.)	\$1.89/\$2.39
<input type="checkbox"/>	Please see page 2	\$0.44/oz. (b)(4)

Breakfast
6:30 am – 9:30 am
Continental Breakfast
6:30 am – 11:00 am
Lunch
11:00 am – 2:00 pm
Snacks & Beverages
11:00 pm – 2:00 pm



(h) Healthy Course Selection

(v) Vegetarian

Café Hours of Operation: 6:30 am – 2:00 pm



OHB Menu

\$0.44 per ounce


Monday

Vegetable Bar	An assortment of fresh vegetables served daily
Theme Bar	Peruvian Chicken Quarters, Beef Tamales Catch of the Day with Cabbage and Tomato Sauce
Comfort Classics	Roast Beef with Onion Au Jus, Fried Chicken Carved Beef Brisket, Stuffed Baked Pasta Shells

Tuesday

Vegetable Bar	An assortment of fresh vegetables served daily
Theme Bar	Madras Fish Curry, Pork Makhni Chicken Masala
Comfort Classics	Roasted Rotisserie Style Chicken, BBQ Pulled Pork Cornmeal Fried Catfish with Pineapple Salsa

Wednesday

Vegetable Bar	An assortment of fresh vegetables served daily
Theme Bar	Chicken Teriyaki with Bok Choy Asian Marinated Pork Loin, General Tso Beef
	Pasta Arrabiatta Italian Sausage with Peppers & Onions

Thursday

Vegetable Bar	An assortment of fresh vegetables served daily
Theme Bar	Gnocchi with a sage Parmesan Sauce, Chicken Parmesan Pesto Crusted Catch of the Day, Penne Pasta with Spinach and Alfredo Sauce
Comfort Classics	Roast Turkey, Country Fried Steak Chef's Choice Selection

Friday

Vegetable Bar	An assortment of fresh vegetables served daily
Theme Bar	Baked Catch of the Day with Mediterranean Slaw, Sausage Alla Puttanesca Lemon Chicken with Vegetables, Israeli Couscous with Roasted Vegetables
Comfort Classics	Cajun Roasted Wings, Spicy Buffalo Wings Asian Teriyaki Glazed Wings, Carolina Style BBQ Wings

Monday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Latin Style

Peruvian Chicken Quarters

Catch of the Day with Cabbage and Tomato Sauce

Beef Tamales

Plantains with Sour Cream

Brown Rice / Spanish Rice

Calabasas Verdes (Roasted Zucchini)

Fajitas Roasted Vegetables

Dessert: Arroz con Leche

Comfort Food: American Classics

Roast Beef with Onion Au Jus / Baguettes

Carved Beef Brisket

Fried Chicken

Stuffed Baked Pasta Shells

Macaroni and Cheese

Yukon Mashed Potatoes

Steamed Green Beans

Collard Greens

Tuesday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Indian Style

Madras Fish Curry

Pork Makhni

Chicken Masala

Chana Masala

Vegetarian Tarka Dhal

Basmati Rice

Mixed Vegetable Curry

Naan Bread

Comfort Food: American Classics

Roasted Rotisserie Style Chicken

BBQ Pulled Pork

Cornmeal Fried Catfish with Pineapple Salsa

Maple Roasted Acorn Squash

Garlic Roasted Potatoes

Creamed Spinach

Brussel Sprouts

Dessert: Bread Pudding

Wednesday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Asian Style

Chicken Teriyaki with Bok Choy

Asian Marinated Pork Loin

General Tso Beef

Jasmine Rice

Brown Rice

Nada Cabbage and Tofu Stir Fry

Spring Rolls

Dumplings with Sweet Chili Sauce

Italian Heritage

Pasta Arrabiatta

Italian Sausage with Peppers and Onions

Fusilli Pasta Primavera

Penne Arrabiata

Fava Beans with Bacon and Tomato

Mixed Roasted Vegetables (Ratatouille)

Sauteed Mixed Mushrooms

Bowtie with Pesto

Thursday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Italian

Gnocchi with a Sage Parmesan Sauce

Pesto Crusted Catch of the Day

Penne Pasta with Spinach and Alfredo Sauce

Chicken Parmesan

Spaghetti / Meatball Marinara

Roasted Zucchini with Parmesan Cheese

Honey Balsamic Sliced Carrots

Garlic Bread

Comfort Food: American Classics

Roast Turkey Breast

Country Fried Steak / Sausage Gravy

Chef's Choice Selection

Sweet Potato Casserole with Marshmallows

Parmesan Roasted Potatoes

Brussel Sprouts with Candied Bacon

Cheddar and Sweet Corn Pie

Dessert: Tapioca Pudding

Friday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Mediterranean Style

Baked Catch of the Day with Mediterranean Slaw

Lemon Chicken with Vegetables

Israeli Couscous with Roasted Vegetables

Sausage Alla Puttanesca

Brown Rice

Greek Style Potato Salad

Green Beans with Roasted Onions

Pepperoncini Pasta with Artichokes Hearts

Comfort Food: American Classics

Spicy Buffalo Wings / Plain Wings

Asian Teriyaki Glazed Wings

Carolina Style BBQ Wings

Cajun Roasted Wings

BBQ Baked Beans

Parmesan Roasted Potatoes

Macaroni and Cheese

Dessert: Peach Cobbler

Daily Hot Proteins

Herb Marinated Grilled Chicken Breast

Herb Marinated Chicken Thighs

Fried Chicken Tenders

Grilled Montreal Steak

Buffalo Chicken Tenders