

OHB Main Café

Menu for the Week of
11/07/16

Freshly Prepared

At
Roasted Sweet
Potatoes (v)
\$0.44 per ounce

Pumpkin & Squash

Kale, Quinoa, &
Roasted Pumpkin Pilaf
\$0.44 per ounce



Thursday, November 10th

Served at

Seattle

Red Reuben
\$6.99

vs.

New England

Clam Chowder
\$1.89 for 12oz.
\$2.39 for 16oz.

Burritos or Bowls
Made to Order

Healthy & Allergen Free
Cuisine

Noodle Bar

Offered Daily
**Curry, Sapporo
Or Shio Ramen
Beef, Chicken,
Pork or Combo**
\$6.99
Tofu or Vegetable (v)
\$5.99

Monday

Breakfast	Orange Scented French Toast (v) (h)	\$3.99	(b)(4)
<input type="text"/>	Chicken & Green Chili Quesadilla	\$6.49	
<input type="text"/>	Beef & Broccoli	\$6.99	(b)(4)
<input type="text"/>	Brie and Caramelized Onion Cheesesteak (Regular/Large)	\$6.99/\$8.99	
Soup	Cuban Black Bean (v) (12 oz. / 16 oz.)	\$1.89/\$2.39	(b)(4)
<input type="text"/>	Please see page 2	\$0.44/oz.	(b)(4)

Tuesday

Breakfast	Farmer's Breakfast Casserole	\$3.99	
<input type="text"/>	Honey Ham, Garlic Spinach & Asiago	\$6.49	
<input type="text"/>	Pho (Vegetarian or with Beef, Chicken, or Pork)	\$5.99/\$6.99	(b)(4)
<input type="text"/>	Chili Pepper Cheesesteak (Regular/Large)	\$6.99/\$8.99	
Soup	Corn Chowder (v) (12 oz. / 16 oz.)	\$1.89/\$2.39	
Borders	Please see page 2	\$0.44/oz.	

Wednesday

Breakfast	Chorizo & Egg Breakfast Pizza	\$3.99	
<input type="text"/>	Pastrami Reuben	\$6.49	
<input type="text"/>	Pad Thai with Shrimp	\$6.99	(b)(4)
<input type="text"/>	Roasted Garlic & Mushroom Cheesesteak (Regular/Large)	\$6.99/\$8.99	
Soup	Chicken Noodle (12 oz. / 16 oz.)	\$1.89/\$2.39	
<input type="text"/>	Please see page 2	\$0.44/oz.	(b)(4)

Thursday

Breakfast	Apple Stuffed Whole Wheat Pancakes (v)	\$3.99	
<input type="text"/>	Bistro Ham & Swiss Flat Bread	\$6.49	
<input type="text"/>	Pho (Vegetarian or with Beef, Chicken, or Pork)	\$5.99/\$6.99	(b)(4)
<input type="text"/>	<i>Football Food Friday: Red Reuben</i>	\$6.99	(b)(4)
Soup	Clam Chowder (12 oz. / 16 oz.)	\$1.89/\$2.39	
<input type="text"/>	Please see page 2	\$0.44/oz.	(b)(4)

Friday

Breakfast	Café Closed, Enjoy Your Holiday		(b)(4)
<input type="text"/>			(b)(4)
Soup			(b)(4)
<input type="text"/>			(b)(4)

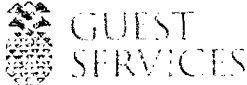
Breakfast
6:30 am – 9:30 am
Continental Breakfast
9:30 am – 11:00 am
Lunch & Snacks
11:00 am – 2:00 pm



(h) Healthy Course Selection

(v) Vegetarian

Café Hours of Operation: 6:30 am – 2:00 pm



OHB Menu

(b)(4)

\$0.44 per ounce

Monday

Vegetable Bar	An assortment of fresh vegetables served daily
Theme Bar	Chicken Fajitas, Carne Guisada Enchiladas with Salsa Roja
Comfort Classics	Beef Stew with Frizzled Onions, Manicotti with Marinara Sauce Pan-Seared Chicken Breast with Mushrooms and Pearl Onions

Tuesday

Vegetable Bar	An assortment of fresh vegetables served daily
Theme Bar	Chicken Makhni, Spicy Rogan Josh Beef Saag Panner with Tofu
Comfort Classics	BBQ Chicken Quarters, BBQ Brisket Memphis Pulled Pork

Wednesday

Vegetable Bar	An assortment of fresh vegetables served daily
Theme Bar	Szechuan Stir Fry with Chicken, Tofu with Mixed Vegetables Marinated Beef Stir Fry
Comfort Classics	Fried Fish & Chips, Broiled Cod Herb and Pepper Crusted Roast Beef, Chicken Pot Pie

Thursday

Vegetable Bar	An assortment of fresh vegetables served daily
Theme Bar	Chicken Cacciatore, Roasted Chicken Breast with Pappardelle Sauce Eggplant Parmesan, Cheese Ravioli with Alfredo Sauce and Basil
Comfort Classics	Roasted Turkey Breast, Beef Stew Honey Glazed Ham with Pineapple Sauce

Friday

Vegetable Bar	Café Closed, Enjoy Your Holiday
Theme Bar	
Comfort Classics	

Monday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Latin Style

Chicken Fajitas

Enchiladas with Salsa Roja

Carne Guisada

Cilantro Rice

Rice and Beans

Sweet Plantains

Fried Yucca

Fajita Peppers and Onions

Comfort Food: American Classics

Beef Stew with Frizzled Onions

Manicotti with Marinara Sauce and Mozzarella Cheese

Pan-Seared Chicken Breast with Mushrooms and Pearl Onions

Mashed Potatoes and Gravy

Macaroni and Cheese

Steamed Broccoli

Roasted Baby Carrots

Dessert: Bread Pudding

Tuesday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Indian Style

Chicken Makhni

Spicy Rogan Josh Beef

Saag Panner with Tofu

Chana Masala / Vegetarian Dhal

Bombay Potatoes

Roasted Eggplant with Roasted Red Peppers

Garlic Naan Bread

Accompaniments: corn relish, raita cucumber sauce, spicy cilantro chutney

Comfort Food: American Classics

BBQ Chicken Quarters

Memphis Pulled Pork

BBQ Brisket

Roasted Cornbread Stuffing

Glazed Carrots

Steamed Green Beans

BBQ Baked Beans

Dessert: Apple Cobbler

Wednesday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Asian Style

Szechuan Stir Fry with Chicken

Marinated Beef Stir Fry

Tofu with Mixed Vegetables

Jasmine Rice

Brown Rice

Baby Bok Choy

Spring Rolls / Dumplings

Ginger Scented Broccoli

Comfort Food: American Classics

Fried Fish and Chips

Broiled Cod

Herb and Pepper Crusted Roast Beef

Chicken Pot Pie

Chili Beef Macaroni

Hush Puppies

Roasted Roma Tomatoes

Dessert: Pumpkin Bread Pudding

Thursday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Italian

Chicken Cacciatore

Eggplant Parmesan

Cheese Ravioli with Alfredo Sauce and Basil

Roasted Chicken Breast with Pappardelle with Mushroom Sauce

Zucchini and Squash

Italian Green Beans

Whole Wheat Penne with Marinara Sauce and Basil

Garlic Bread

Comfort Food: American Classics

Roasted Turkey Breast

Beef Stew

Honey Glazed Ham with Pineapple Sauce

Herb Roasted Potatoes

Steamed Baby Carrots

Creamy Mashed Potatoes / Gravy

Garlic Roasted Brussel Sprouts

Dessert: Cherry Cobbler

Daily Hot Proteins

Herb Marinated Grilled Chicken Breast

Herb Marinated Chicken Thighs

Fried Chicken Tenders

Grilled Montreal Steak

Buffalo Chicken Tenders