OHB Main Café **Freshly Prepared** (b)(4)Αŧ Menu for the Week of Roasted Teriyaki 12/12/16 Mushrooms (v) Roasted Brussel Monday Sprouts (v) Breakfast Strawberry Cream Cheese Stuffed French Toast (v) \$3.99 \$0.44 per ounce Bistro Chicken Flatbread \$6.49 Korean Bulgogi Beef BBQ \$6.99 Provolone and Caramelized Onion Cheesesteak (Regular/Large) \$6.99/\$8.99 **Root Vegetables &** Soup Broccoli & Cheese (12 oz. / 16 oz.) \$1.89/\$2.39 **Tubers** Please see page 2 \$0.44/oz. (b)(4) Roasted Root Vegetable Medley Tuesday \$0.44 per ounce **Breakfast** Buttermilk Waffle & Canadian Bacon Breakfast Stack \$3,99 Bistro Ham & Swiss on Flatbread \$6.49 **Holiday Meal** Pho (Vegetarian or with Beef, Chicken, or Pork) \$5.99/\$6.99 (b)(4)Wednesday, December 14th Chili Pepper Cheesesteak (Regular/Large) \$6,99/\$8,99 Served at Soup \$1.89/\$2.39 (b)(4) Cream of Potato (12 oz. / 16 oz.) Please see page 2 \$0.44/oz. (b)(4)Wednesday Breakfast Multi Grain Pancakes with Apricot Compote (v) \$3.99 Smoked Turkey with Cranberry & Cheddar \$6.49 \$6.99 (b)(4) Stir-Fry Pork with Vegetables \$6.99/\$8.99 Roasted Garlic & Mushroom Cheesesteak (Regular/Large) Friday, December 16th Soup Chicken Gumbo (12 oz. / 16 oz.) \$1.89/\$2.39 (b)(4) Served at Please see page 2 \$0.44/oz. `(b)(4) Cleveland Bratwurst with Sriracha Mayo Thursday \$6.99 Breakfast \$3.99 Italian Sausage, Egg & Cheese Frittata VS. (b)(4)Roast Beef & Turkey with Dill Havarti \$6.49 Buffalo Pho (Vegetarian or with Beef, Chicken, or Pork) \$5.99/\$6.99 (b)(4) Beef on Weck \$7.99 Spicy Italian Cheesesteak (Regular/Large) \$6.99/\$8.99 Soup Minestrone (12 oz. / 16 oz.) \$1.89/\$2.39 \$0.44/oz. (b)(4) Please see page 2 Burritos or Bowls Friday Made to Order \$3.99 Breakfast Scrambled Eggs with Chorizo Moroccan Vegetable Wrap (v) (h) \$6.09 \$6.99 Shrimp with Snow Peas Healthy & Allergen Free \$6.99/\$7.99 Football Food Friday: Bratwurst, Beef on Weck Cuisine Tomato Florentine (12 oz. / 16 oz.) \$1.89/\$2.39 Soup \$0.44/oz. Please see page 2 **Noodle Bar** Offered Daily Curry, Sapporo (b)(4)Or Shio Ramen **Breakfast** (h) Healthy Course Selection Beef, Chicken, 6:30 am - 9:30 am Pork or Combo **Continental Breakfast** (v) Vegetarian \$6.99 9:30 am - 11:00 am Totu or Vegetable (v) Lunch & Snacks Café Hours of Operation: 6:30 am - 2:00 pm \$5.99 11:00 am - 2:00 pm



(b)(4)

OHB Menu

\$0.44 per ounce

Monday		\$0.44 per ounce
<u>·</u>	Vegetable Bar	An assortment of fresh vegetables served daily
	Theme: Caribbean	Jamaican Jerk Fish with Black Beans and Rice with Corn Relish Calypso Spicy Pineapple Chicken
	American Classics	Meatballs with Lemon Caper Sauce Grilled Cheese, Buffalo Chicken Dip with Chips
Tuesday		
<u> </u>	Vegetable Bar	An assortment of fresh vegetables served daily
	Theme: Indian	Garam Masala Chicken, Beef Makhni Yellow Curry Tilapia with Pineapple
	American Classics	Country Fried Steak Sausage Jambalaya
Wednesday		
	Vegetable Bar	An assortment of fresh vegetables served daily
	Theme: Asian	Spicy Singapore Chicken, Mushroom Ginger Pork Sweet and Sour Spare Ribs
	American Classics	Holiday Meal: Herb Carved Top Round Roast Turkey, Glazed Ham
Thursday		
	Vegetable Bar	An assortment of fresh vegetables served daily
	Theme: Italian	Pork Piccata with Capers, Italian Sausage with Peppers and Onions Chicken with Mushrooms and Onions, Whole Wheat Penne with Marinara
	American Classics	Roasted Turkey Breast, Beef Pot Pie Herb Marinated Chicken Breast with Mushroom Sauce
Friday		
<u> </u>	Vegetable Bar	An assortment of fresh vegetables served daily
	Theme: Mediterranean	Chicken Florentine, Moussaka Baked Citrus Herb Cod, Spanakopita
	American Classics	Cajun Roasted Jumbo Wings, Carolina Style BBQ Wings Spicy Buffalo Wings, Asian Teriyaki Garlic Wings

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Monday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Caribbean

Jamaican Jerk Fish with Black Beans and Rice with Corn Relish

Calypso Spicy Pineapple Chicken

Coconut Rice and Beans

Mashed Yucca with Garlic

Sweet Roasted Potatoes

Plantains

Caribbean Succotash

Dessert: Key Lime Pudding

Comfort Food: American Classics

Meatballs with Lemon Caper Sauce

Grilled Cheese

Buffalo Chicken Dip with Chips

Yukon Mashed Potatoes

Sweet Potato Fries

Roasted Brussel Sprouts

Cheese Cauliflower

Dessert: Cherry Cobbler

Tuesday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Indian

Garam Masala Chicken

Beef Makhni

Yellow Curry Tilapia with Pineapple

Brown Rice

Chana Masala

Tarka Dhal

Cauliflower with Shredded Ginger

Roasted Corn with Peppers

Comfort Food: American Classics

Country Fried Steak

Sausage Jambalaya

Baked Beans

Cajun Rice

Roasted Mixed Vegetables

Cheese Grits

Cream of Spinach

Dessert: Apple Cobbler

Wednesday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Asian

Spicy Singapore Chicken

Sweet and Sour Spare Ribs

Mushroom Ginger Pork

White Rice

Vegetable Stir Fry

Pad Thai Noodles

Fried Sesame Green Beans

Chop Suey

Holiday Meal

Herb Carved Top Round

Roast Turkey

Glazed Ham

Vegetarian / Sausage Stuffing

Mashed Potatoes

Sweet Potatoes

Green Beans Almondine / Glazed Carrots

Roasted Brussel Sprouts / Succotash

Thursday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Italian

Pork Piccata with Lemons and Capers

Roasted Chicken with Sautéed Mushrooms and Caramelized Onions

Italian Sausage with Sautéed Peppers and Onions

Whole Wheat Penne / Marinara

Eggplant Parmesan

Lemon Caper Orzo with Herbs and Tomato

Roasted Zucchini and Squash

Roasted Spaghetti Squash

Comfort Food: American Classics

Roasted Turkey Breast

Beef Pot Pie

Herb Marinated Chicken Breast with Mushroom Sauce

Garlic Roasted Potatoes

Green Bean Casserole

Mashed Sweet Potatoes

Roasted Brussel Sprouts

Dessert: Blackberry Cobbler

Friday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Mediterranean

Chicken Florentine

Baked Citrus Herb Cod

Moussaka

Spanakopita

Vegetable Couscous

Mediterranean Stuffed Cabbage

Cauliflower / Almonds / Raisins

Sautéed Onions and Peppers

Comfort Food: American Classics

Cajun Roasted Jumbo Wings

Spicy Buffalo Wings

Asian Teriyaki Garlic Wings

Carolina Style BBQ Wings

Macaroni and Cheese

Creamy Mashed Potatoes

Roasted Vegetables

Glazed Beets

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Daily Hot Proteins

Herb Marinated Grilled Chicken Breast

Herb Marinated Chicken Thighs

Fried Chicken Tenders

Grilled Montreal Steak

Buffalo Chicken Tenders