

OHB Main Café

Menu for the Week of
12/05/16

Freshly Prepared

At
Roasted Sweet
Potatoes (v)
\$0.44 per ounce

Root Vegetables & Tubers

Roasted Root
Vegetable Medley
\$0.44 per ounce



Thursday, December 9th

Served at

Arizona

Ancho Chile Turkey Panini
\$6.99

vs.

Miami

Little Havana Cuban
Sandwich
\$7.99

Burritos or Bowls
Made to Order

Healthy & Allergen Free
Cuisine

Noodle Bar

Offered Daily
**Curry, Sapporo
Or Shio Ramen
Beef, Chicken,
Pork or Combo**

\$6.99

Tofu or Vegetable (v)
\$5.99

Monday

Breakfast	Orange Scented French Toast (v) (h)	\$3.99	(b)(4)
<input type="text"/>	Chicken & Green Chili Quesadilla	\$6.49	
<input type="text"/>	Beef & Broccoli	\$6.99	(b)(4)
<input type="text"/>	Provolone and Caramelized Onion Cheesesteak (Regular/Large)	\$6.99/\$8.99	
Soup	Cuban Black Bean (v) (12 oz. / 16 oz.)	\$1.89/\$2.39	
<input type="text"/>	Please see page 2	\$0.44/oz.	(b)(4)

Tuesday

Breakfast	Farmer's Breakfast Casserole	\$3.99	
<input type="text"/>	Honey Ham, Garlic Spinach & Asiago	\$6.49	
<input type="text"/>	Pho (Vegetarian or with Beef, Chicken, or Pork)	\$5.99/\$6.99	(b)(4)
<input type="text"/>	Chili Pepper Cheesesteak (Regular/Large)	\$6.99/\$8.99	
Soup	Corn Chowder (v) (12 oz. / 16 oz.)	\$1.89/\$2.39	
<input type="text"/>	Please see page 2	\$0.44/oz.	(b)(4)

Wednesday

Breakfast	Chorizo & Egg Breakfast Pizza	\$3.99	(b)(4)
<input type="text"/>	Pastrami Reuben	\$6.49	
<input type="text"/>	Pad Thai with Shrimp	\$6.99	(b)(4)
<input type="text"/>	Roasted Garlic & Mushroom Cheesesteak (Regular/Large)	\$6.99/\$8.99	
Soup	Chicken Noodle (12 oz. / 16 oz.)	\$1.89/\$2.39	
<input type="text"/>	Please see page 2	\$0.44/oz.	(b)(4)

Thursday

Breakfast	Apple Stuffed Whole Wheat Pancakes (v)	\$3.99	
<input type="text"/>	Bistro Ham & Swiss Flat Bread	\$6.49	(b)(4)
<input type="text"/>	Pho (Vegetarian or with Beef, Chicken, or Pork)	\$5.99/\$6.99	
<input type="text"/>	Spicy Italian Cheesesteak (Regular/Large)	\$6.99/\$8.99	(b)(4)
Soup	Italian Wedding (12 oz. / 16 oz.)	\$1.89/\$2.39	
<input type="text"/>	Please see page 2	\$0.44/oz.	(b)(4)

Friday

Breakfast	Turkey Sausage Breakfast Biscuit Pocket	\$3.99	(b)(4)
<input type="text"/>	Grilled Chicken with Tomato & Gorgonzola	\$6.49	
<input type="text"/>	Mongolian Beef	\$6.99	(b)(4)
<input type="text"/>	<i>Football Food Friday:</i> Turkey Panini, Cuban Sandwich	\$6.99/\$7.99	
Soup	Garden Vegetable (v) (12 oz. / 16 oz.)	\$1.89/\$2.39	(b)(4)
<input type="text"/>	Please see page 2	\$0.44/oz.	(b)(4)

Breakfast
6:30 am – 9:30 am
Continental Breakfast
9:30 am – 11:00 am
Lunch & Snacks
11:00 am – 2:00 pm



(h) Healthy Course Selection
(v) Vegetarian

Café Hours of Operation: 6:30 am – 2:00 pm



OHB Menu

\$0.44 per ounce

Monday

Vegetable Bar	An assortment of fresh vegetables served daily
Theme: Southwest	Chicken Fajitas, Carne Guisada Enchiladas with Salsa Roja
American Classics	Beef Stew with Frizzled Onions, Manicotti with Marinara Sauce Pan-Seared Chicken Breast with Mushrooms and Pearl Onions

Tuesday

Vegetable Bar	An assortment of fresh vegetables served daily
Theme: Indian	Chicken Makhni, Spicy Rogan Josh Beef Saag Panner with Tofu
American Classics	BBQ Chicken Quarters, BBQ Brisket Memphis Pulled Pork

Wednesday

Vegetable Bar	An assortment of fresh vegetables served daily
Theme: Asian	Szechuan Stir Fry with Chicken, Tofu with Mixed Vegetables Marinated Beef Stir Fry
American Classics	Fried Fish & Chips, Broiled Cod Herb and Pepper Crusted Roast Beef, Chicken Pot Pie

Thursday

Vegetable Bar	An assortment of fresh vegetables served daily
Theme: Italian	Chicken Cacciatore, Roasted Chicken Breast with Pappardelle Sauce Eggplant Parmesan, Cheese Ravioli with Alfredo Sauce and Basil
American Classics	Roasted Turkey Breast, Beef Stew Honey Glazed Ham with Pineapple Sauce

Friday

Vegetable Bar	An assortment of fresh vegetables served daily
Theme: Mediterranean	Lemon Herbed Chicken, Stuffed Peppers Mediterranean Fettuccini with Shrimp and Spinach
American Classics	Garlic Roasted Wings, Spicy Buffalo Wings Teriyaki Glazed Wings, Zesty BBQ Wings

Monday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Southwest

Chicken Fajitas

Enchiladas with Salsa Roja

Carne Guisada

Cilantro Rice

Rice and Beans

Sweet Plantains

Fried Yucca

Fajita Peppers and Onions

Comfort Food: American Classics

Beef Stew with Frizzled Onions

Manicotti with Marinara Sauce and Mozzarella Cheese

Pan-Seared Chicken Breast with Mushrooms and Pearl Onions

Mashed Potatoes and Gravy

Macaroni and Cheese

Steamed Broccoli

Roasted Baby Carrots

Dessert: Bread Pudding

Tuesday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Indian

Chicken Makhni

Spicy Rogan Josh Beef

Saag Panner with Tofu

Chana Masala / Vegetarian Dhal

Bombay Potatoes

Roasted Eggplant with Roasted Red Peppers

Garlic Naan Bread

Accompaniments: corn relish, raita cucumber sauce, spicy cilantro chutney

Comfort Food: American Classics

BBQ Chicken Quarters

Memphis Pulled Pork

BBQ Brisket

Roasted Cornbread Stuffing

Glazed Carrots

Steamed Green Beans

BBQ Baked Beans

Dessert: Apple Cobbler

Wednesday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Asian

Szechuan Stir Fry with Chicken

Marinated Beef Stir Fry

Tofu with Mixed Vegetables

Jasmine Rice

Brown Rice

Baby Bok Choy

Spring Rolls / Dumplings

Ginger Scented Broccoli

Comfort Food: American Classics

Fried Fish and Chips

Broiled Cod

Herb and Pepper Crusted Roast Beef

Chicken Pot Pie

Chili Beef Macaroni

Hush Puppies

Roasted Roma Tomatoes

Dessert: Pumpkin Bread Pudding

Thursday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Italian

Chicken Cacciatore

Eggplant Parmesan

Cheese Ravioli with Alfredo Sauce and Basil

Roasted Chicken Breast with Pappardelle with Mushroom Sauce

Zucchini and Squash

Italian Green Beans

Whole Wheat Penne with Marinara Sauce and Basil

Garlic Bread

Comfort Food: American Classics

Roasted Turkey Breast

Beef Stew

Honey Glazed Ham with Pineapple Sauce

Herb Roasted Potatoes

Steamed Baby Carrots

Creamy Mashed Potatoes / Gravy

Garlic Roasted Brussel Sprouts

Dessert: Cherry Cobbler

Friday

Vegetable Bar

An assortment of fresh vegetables served daily.

Theme Bar: Mediterranean

Lemon Herbed Chicken

Stuffed Peppers

Mediterranean Fettuccini with Shrimp and Spinach

Roasted Eggplant with Chickpeas and Tomatoes

Sautéed Onions and Peppers

Red Pepper Couscous

Turkey Quinoa with Mozzarella Cheese and Roasted Tomatoes

Cauliflower with Feta Cheese

Comfort Food: American Classics

Garlic Roasted Wings

Spicy Buffalo Wings

Teriyaki Glazed Wings

Zesty BBQ Wings

Macaroni and Cheese

Baked Beans

Corn on the Cob

Dessert: Peach Cobbler

Daily Hot Proteins

Herb Marinated Grilled Chicken Breast

Herb Marinated Chicken Thighs

Fried Chicken Tenders

Grilled Montreal Steak

Buffalo Chicken Tenders