

OHB Main Café

Menu for the Week of
10/10/16

(b)(4)

Freshly Prepared

At

Grilled Asparagus (v)
\$0.44 per ounce



Tuesday, October 11th
St. Louis Cardinals

Served at

"Big" Burger

\$6.99 with fries



Taste the rich heritage
of Italy every
Wednesday of October

Served at



Friday, October 14th

Served at

Indianapolis Colts

Breaded Pork Sandwich
\$6.99 with fries

vs.

Houston Texans

Beef Brisket Sandwich
\$6.99 with fries

Burritos or Bowls
Made to Order

Healthy & Allergen Free
Cuisine

Noodle Bar

Offered Daily
Curry, Sapporo
Or Shio Ramen
Beef, Chicken,
Pork or Combo

\$6.99

Tofu or Vegetable (v)

\$5.99

Monday

Breakfast Café Closed, Enjoy Your Holiday

(b)(4)

Soup

(b)(4)

(b)(4)

Tuesday

Breakfast	Farmer's Breakfast Casserole	\$3.99
	Honey Ham, Garlic Spinach & Asiago	\$6.49
	Pho (Vegetarian or with Beef, Chicken, or Pork)	\$5.99/\$6.99 (b)(4)
	Legacy Tuesday: "Big" Burger	\$6.99
Soup	Corn Chowder (v) (12 oz. / 16 oz.)	\$1.89/\$2.39
	Please see page 2	\$0.44/oz. (b)(4)

(b)(4)

Wednesday

Breakfast	Chorizo & Egg Breakfast Pizza	\$3.99
	Pastrami Reuben	\$6.49
	Pad Thai with Shrimp	\$6.99 (b)(4)
	Roasted Garlic & Mushroom Cheesesteak (Regular/Large)	\$6.99/\$8.99
Soup	Chicken Noodle (12 oz. / 16 oz.)	\$1.89/\$2.39
	Please see page 2	\$0.44/oz. (b)(4)

(b)(4)

(b)(4)

Thursday

Breakfast	Apple Stuffed Whole Wheat Pancakes (v)	\$3.99
	Bistro Ham & Swiss Flat Bread	\$6.49
	Pho (Vegetarian or with Beef, Chicken, or Pork)	\$5.99/\$6.99 (b)(4)
	Spicy Italian Cheesesteak (Regular/Large)	\$6.99/\$8.99
Soup	Italian Wedding (12 oz. / 16 oz.)	\$1.89/\$2.39
	Please see page 2	\$0.44/oz. (b)(4)

(b)(4)

(b)(4)

Friday

Breakfast	Turkey Sausage Breakfast Biscuit Pocket	\$3.99
	Grilled Chicken with Tomato & Gorgonzola	\$6.49 (b)(4)
	Mongolian Beef	\$6.99 (b)(4)
	Football Food Friday: Breaded Pork Sandwich, Beef Brisket Sandwich	\$6.99
Soup	Garden Vegetable (v) (12 oz. / 16 oz.)	\$1.89/\$2.39
	Please see page 2	\$0.44/oz. (b)(4)

(b)(4)

(b)(4)

Breakfast

6:30 am – 9:30 am

Continental Breakfast

6:30 am – 11:00 am

Lunch

11:00 am – 2:00 pm

Snacks & Beverages

11:00 pm – 2:00 pm

(h) Healthy Course Selection

(v) Vegetarian

Café Hours of Operation: 6:30 am – 2:00 pm



OHB Menu

\$0.44 per ounce

Monday

Healthy Course Café Closed, Enjoy Your Holiday

Theme Bar

Comfort Classics

Tuesday

Healthy Course Grilled Chicken Breast with Cherry Tomatoes
Apricot and Ginger Glazed Salmon

Theme Bar Chicken Makhni, Spicy Rogan Josh Beef
Saag Panner with Tofu

Comfort Classics BBQ Chicken Quarters, BBQ Brisket
Memphis Pulled Pork

Wednesday

Healthy Course Cajun Grilled Blue Catfish (local)
Chicken Breast Moroccan Style with Green Olives



Theme Bar Chicken Fettuccini Alfredo
Beef Ragu Bolognese

Comfort Classics Fried Fish & Chips, Broiled Cod, Spicy Fried Popcorn Shrimp Sambal Sauce
Calamari with Banana Peppers and Lemon, Mussels with White Wine

Thursday

Healthy Course Honey Hoisin Pork Tenderloin
Mexican Chicken and Almond Cream Sauce

Theme Bar Toasted Cheese Ravioli with Alfredo Sauce and Basil, Eggplant Parmesan
Chicken with Pappardelle with Mushroom sauce, Chicken Cacciatore

Comfort Classics Airline Roasted Turkey Breast, Tender Pork Roast
Honey Glazed Ham with Pineapple Sauce

Friday

Healthy Course Grilled Chicken Breast with Spiced Yogurt
Herb Crusted Cod

Theme Bar Pita Bread/Naan Bread, Chicken a la Grecco
Chicken Gyro, Lamb & Beef Shawarma

Comfort Classics Garlic Roasted Chicken Wings, Spicy Buffalo Wings
Teriyaki Glazed Wings, Zesty BBQ Wings



OHB Hot Bar Week 2 Menu

(b)(4)

Healthy Course Menu – Monday

Café Closed, Enjoy Your Holiday

Healthy Course Menu – Tuesday

Grilled Chicken Breast with Cherry Tomatoes

Apricot and Ginger Glazed Salmon

Whole grains/Brown Rice

Chili-Glazed Sweet Potatoes

Sautéed Leeks and Parsnips

Theme Bar Indian Style - Tuesday

Chicken Makhni

Spicy Rogan Josh Beef

Saag Panner with Tofu

Chana Masala / Vegetarian Dhal

Bombay Potatoes

Roasted Eggplant with Roasted Red Peppers

Garlic Naan Bread

Accompaniments: Corn Bhutta, Raita Cucumber Sauce, Spicy Cilantro Chutney

Comfort Food/American Classics - Tuesday

BBQ Chicken Quarters

Memphis Pulled Pork

BBQ Brisket

Roasted Cornbread Stuffing

Glazed Carrots

Steamed Green Beans / BBQ Baked Beans

Dessert: Warm Apple Cobbler

Healthy Course Menu – Wednesday

Cajun Grilled Blue Catfish (local)

Chicken Breast Moroccan Style with Green Olives

Parmesan Roasted Potatoes

Steamed Broccoli

Fresh Peas and Baby Carrots

Theme Bar Italian Heritage – Wednesday

Chicken Fettuccini Alfredo

Beef Ragu Bolognese

Linguine with Cherry Tomatoes and Arugula

Glazed Carrots

Roasted Eggplant

Green Beans

Comfort Food/American Classics - Wednesday

Fried Fish & Chips

Broiled Cod

Calamari Strips with Banana Peppers and Lemon Wedges

Steamed Mussels Deglazed with White Wine and Fresh Herbs

Spicy Fried Popcorn Shrimp Sambal Sauce

Hush puppies

Roasted Roma Tomatoes

Hot Dessert: Peach Cobbler

Hot Desserts: Blackberry Cobbler

Healthy Course Menu – Thursday

Honey Hoisin Pork Tenderloin

Mexican Chicken and Almond Cream Sauce

Brown Rice

Roasted Corn with Fresh Cilantro

Low Fat Creamy Spinach

Theme Bar Italian - Thursday

Chicken Cacciatore

Eggplant Parmesan

Toasted Cheese Ravioli with Alfredo Sauce and Basil

Roasted Chicken Breast with Pappardelle with Mushroom sauce

Zucchini and Squash

Italian Green Beans

Whole Wheat Penne with Marinara Sauce and Basil

Garlic Bread

Comfort Food/American Classics - Thursday

Airline Roasted Turkey Breast

Tender Pork Roast

Honey Glazed Ham with Pineapple Sauce

Herb Roasted Potatoes

Steamed Baby Carrots

Creamy Mashed Potatoes and Gravy

Garlic-Roasted Brussel Sprouts

Hot Dessert: Cherry Cobbler

Healthy Course Menu – Friday

Grilled Chicken Breast with Spiced Yogurt

Herb Crusted Cod

Roasted Sweet Potatoes

Green Beans with Roasted Red Peppers

Roasted Summer Squash

Theme Bar Mediterranean Style - Friday

Pita Bread/Naan Bread

Chicken a la Grecco

Chicken Gyro

Lamb & Beef Shawarma

Roasted Eggplant with Chick Peas and Tomatoes

Sautéed Onions and Peppers

Wilted Spinach

Accompaniments: Tzatziki Sauce, Feta, Olives and Tomatoes

Comfort Food/American Classics - Friday

Garlic Roasted Chicken Wings

Spicy Buffalo Wings

Teriyaki Glazed Wings

Zesty BBQ Wings

Cheesy Mac & Cheese

Baked Beans

Corn on the Cob

Salad Bar Hot Proteins – Monday – Friday

Herb Marinated Grilled Chicken Breast

Herb Marinated Chicken Thighs

Fried Chicken Tenders

Grilled Steak

Buffalo Chicken Tenders