



Tuesday, April 10th
11am-2pm

Served at
Sandwich with your Choice of
fries or tomato soup (12 oz.)
\$5.99

Salad Bar with Fresh
Fruits, Vegetables, &
Whole Grains

\$0.48 per ounce

Burritos or Bowls
Made to Order

Healthy & Allergen Free
Cuisine

Chicken or Pork \$6.75
Beef \$7.75
Shrimp \$8.75
Tofu \$5.75
Vegetable \$4.75

Café Hours of Operation

6:30 am – 2:00 pm

Breakfast

6:30 am – 9:30 am

Continental Breakfast

9:30 am – 11:00 am

Lunch & Snacks

11:00 am – 2:00 pm

OHB Main Café

Menu for the Week of

04/09/18

(b)(4)

Monday

	Southern Avocado Chicken Panini	\$6.80	
	Pho (Beef or Tofu)	\$6.49/\$7.49	(b)(4)
	BLT Burger	\$6.99	
	Beef Empanadas	\$7.49	
	Black-Eyed Peas & Rice with Squash , Baked Trout with Harissa	\$5.25/\$7.25	(b)(4)
Soup	Spiced Lentil Soup , Chef's Choice (12 oz./16 oz.)	\$2.59/\$3.15	
Chili	Turkey Chili (12 oz./16 oz.)	\$2.80/\$3.39	

Tuesday

	Southern Avocado Chicken Panini	\$6.80	
	Pad Thai (Shrimp, Chicken or Tofu)	\$6.49/\$7.49	(b)(4)
	BLT Burger	\$6.99	
	Beef Empanadas	\$7.49	
	Pork Chops with Peach Chutney , Chicken with Fennel & Parsnips	\$5.25	(b)(4)
Soup	Tomato Soup , Chef's Choice (12 oz./16 oz.)	\$2.59/\$3.15	
Chili	Turkey Chili (12 oz./16 oz.)	\$2.80/\$3.39	

Wednesday

	Southern Avocado Chicken Panini	\$6.80	
	Pho (Chicken or Tofu)	\$6.49/\$7.49	(b)(4)
	BLT Burger	\$6.99	
	Beef Empanadas	\$7.49	
	Argentinian Flank Steak , Aloo Matar	\$6.25/\$5.25	
Soup	Chicken with Orzo Soup, Chef's Choice (12 oz./16 oz.)	\$2.59/\$3.15	
Chili	Turkey Chili (12 oz./16 oz.)	\$2.80/\$3.39	(b)(4)

Thursday

	Southern Avocado Chicken Panini	\$6.80	
	Pad Thai (Shrimp, Chicken or Tofu)	\$6.49/\$7.49	(b)(4)
	BLT Burger	\$6.99	
	Beef Empanadas	\$7.49	
	Herb Crusted Cod , Citrus Roasted Chicken	\$7.25/\$5.25	
Soup	Beef & Toasted Barley Soup, Chef's Choice (12 oz./16 oz.)	\$2.59/\$3.15	
Chili	Turkey Chili (12 oz./16 oz.)	\$2.80/\$3.39	

Friday

	Southern Avocado Chicken Panini	\$6.80	
	Pho (Shrimp or Tofu)	\$6.49/\$7.49	(b)(4)
	BLT Burger	\$6.99	
	Beef Empanadas	\$7.49	
	Balsamic Glazed Salmon , Lentil, Chard & Sweet Potato Curry	\$7.25/\$5.25	
Soup	Chicken Noodle Soup, Chef's Choice (12 oz./16 oz.)	\$2.59/\$3.15	
Chili	Turkey Chili (12 oz./16 oz.)	\$2.80/\$3.39	












Our kitchen is not a gluten-free or allergen-free environment. All gluten-free menu items were determined based on the most current ingredient lists provided by our suppliers. This kitchen uses wheat flour and other wheat-based ingredients during production of other menu items. Our operation shares preparation, cooking, and serving areas, and designated gluten-free areas do not exist. Therefore, we cannot guarantee that any menu item is completely gluten-free or allergen-free.









OHB Menu

\$0.48 per ounce








Monday

Vegetable Bar	An assortment of fresh vegetables served daily	
Entrées	Sweet & Sour Meatballs Hoisin Glazed Salmon with Sesame Seeds Orange & Soy Glazed Pork Loin Vegetable Lo Mein 	African Chicken & Peanut Stew Moroccan Vegetable Stew with Chickpeas   Chef's Choice
Sides	Green Beans & Red Peppers   Sautéed Cabbage with Sesame Oil & Garlic  	Roasted Sweet Potato Wedges   Chef's Choice










Tuesday

Vegetable Bar	An assortment of fresh vegetables served daily	
Entrées	Chorizo, Chicken, & Seafood Paella Grilled Piri Piri Chicken  Fried Cod Fish Tacos Grilled Chili Lime Chicken 	Pulled Pork Tacos Espresso & Chipotle Rubbed Brisket  Chef's Choice
Sides	Black Beans   Mexican Grilled Corn 	Cilantro Lime Rice   Chef's Choice





Wednesday

Vegetable Bar	An assortment of fresh vegetables served daily	
Entrées	Three Cheese Ravioli with Pesto Sauce  Moroccan Beef Kofta Kabobs Cod with Mediterranean Salsa 	Build-your-Own Pasta Bar Chef's Choice
Sides	Eggplant with Yogurt Sauce  Sautéed Spinach  	Ratatouille with Chickpeas   Chef's Choice

Thursday

Vegetable Bar	An assortment of fresh vegetables served daily	
Entrées	Herb Roasted Turkey  Risotto with Peas & Parsley  Grilled Salmon with Basil Pesto Sauce  Lemon Chicken Cutlets	Citrus Marinated Pork Tenderloin  Chicken Scampi Chef's Choice
Sides	Garlic Mashed Potatoes  Roasted Brussels Sprouts  	Cranberry & Sage Stuffing  Green Bean Casserole 

Friday

Vegetable Bar	An assortment of fresh vegetables served daily	
Entrées	Country Fried Steak with Gravy Blue Cheese Burger Sliders Jamaican Jerk Pork Shrimp & Grits	Sweet & Spicy Sticky Wings, Buffalo Wings, Mild Wings, Baked Lemon Garlic Wings Chef's Choice
Sides	Dirty Rice Sautéed Kale  	Carrot Sticks & Celery Sticks   Chef's Choice