

HEALTH & WELLNESS

OHB Main Café

Wednesday, January 3rd

Menu for the Week of

11am – 1pm

01/01/18

New Year, New You!

Monday

Café Closed. Enjoy your Holiday!



Salad Bar with Fresh Fruits, Vegetables, & Whole Grains

\$0.48 per ounce

Soup

Tuesday



Burritos or Bowls
Made to Order

Soup

Turkey, Avocado, & Goat Cheese Panini	\$6.80
Pad Thai (Shrimp, Chicken, or Tofu)	\$6.49/\$7.49
Smashed Reuben Burgers	\$6.99
Chicken Enchilada	\$7.49
Herb Roasted Cod G:F , Rosemary Chicken G:F	\$7.25/\$5.25
Chicken Tortilla, Tomato Bisque V , Beef Chili (12 oz./16 oz.)	\$2.59/\$3.15
Please See Page 2	\$0.48/oz.

Wednesday

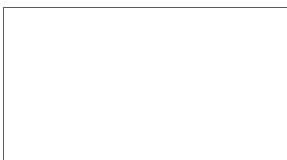


Healthy & Allergen Free
Cuisine

Soup

Turkey, Avocado, & Goat Cheese Panini	\$6.80
Pho (Chicken or Tofu)	\$6.49/\$7.49
Smashed Reuben Burgers	\$6.99
Chicken Enchilada	\$7.49
Flank Steak with Chimichurri G:F , Lentil, Chard, & Sweet Potato Curry G:F V	\$6.25/\$5.25
Chipotle Cream of Tomato V , Beef & Lentils, Beef Chili (12 oz./16 oz.)	\$2.59/\$3.15
Please See Page 2	\$0.48/oz.

Thursday



Chicken or Pork \$6.75

Beef \$7.75

Shrimp \$8.75

Tofu \$5.75

Vegetable \$4.75

Soup

Turkey, Avocado, & Goat Cheese Panini	\$6.80
Pad Thai (Shrimp, Chicken, or Tofu)	\$6.49/\$7.49
Smashed Reuben Burgers	\$6.99
Chicken Enchilada	\$7.49
Lemon Dill Haddock G:F , Grilled Chili Lime Chicken G:F	\$7.25/\$5.25
Kale Soup V , Curry Cilantro Chicken, Beef Chili (12 oz./16 oz.)	\$2.59/\$3.15
Please See Page 2	\$0.48/oz.

Friday

Soup

Turkey, Avocado, & Goat Cheese Panini	\$6.80
Pho (Shrimp or Tofu)	\$6.49/\$7.49
Smashed Reuben Burgers	\$6.99
Chicken Enchilada	\$7.49
Grilled Tuna Tacos G:F , Polenta Rounds with Marinara G:F V	\$7.25/\$5.25
Fish Corn Chowder, Chef's Choice, Beef Chili (12 oz./16 oz.)	\$2.59/\$3.15
Please See Page 2	\$0.48/oz.

Café Hours of Operation

6:30 am – 2:00 pm

Breakfast

6:30 am – 9:30 am

Continental Breakfast

9:30 am – 11:00 am

Lunch & Snacks

11:00 am – 2:00 pm



GUEST SERVICES

1-800-368-3683

OHB Menu

\$0.48 per ounce

Monday Café Closed. Enjoy your Holiday!

Vegetable Bar

Entrées

Sides

Tuesday

Vegetable Bar An assortment of fresh vegetables served daily

Entrées





Taco Bar




- Beef Tacos
- Chipotle Shredded Chicken Tacos
- Spaghetti & Meatballs

Pasta Bar

- Vegetable Lasagna 
- Rigatoni Pasta with Sautéed Leeks & Mushrooms 
- Penne Pasta and Angel Hair Noodles 

Sides

- Shredded Lettuce  & Cheese 
- Garlic Bread 
- Tortillas 



- Alfredo Sauce 
- Blush Vodka Sauce 
- Tomato Basil Sauce 

Wednesday




Vegetable Bar An assortment of fresh vegetables served daily




Entrées

- Herb Crusted Tilapia
- Slow Roasted Beef Brisket
- Spaghetti Pasta with Meatballs & Garlic Bread
- Chicken Shish Kabob

- Thai Beef Curry with Chutney
- Gnocchi with Tomato Basil Sauce 
- Angel Hair Pomodoro 

Sides

- Cajun Roasted Potatoes 
- Roasted Butternut Squash 
- Cumin & Tomato Cauliflower 

- Eggplant Stew 
- Green Beans with Crispy Onions 
- Saffron Rice 

Thursday




Vegetable Bar An assortment of fresh vegetables served daily




Entrées

- Herb Roasted Turkey Breast
- Grilled Pork Chop with Pan Gravy
- Beef Bourguignon
- Tuscan Roasted Chicken

- Chicken Marsala
- Herb Crusted Beef Pot Roast
- Sundried Tomato Risotto 

Sides

- Roasted Pumpkin with Garlic 
- Roasted Potatoes with Fennel 
- Steamed Green Beans 

- Roasted Brussels Sprouts with Red Onions 
- Brown Rice 
- Cranberry & Sage Stuffing 

Friday




Vegetable Bar An assortment of fresh vegetables served daily



Entrées

- Pulled BBQ Pork Sliders
- Chicken Cashew Stir-fry
- Blackened Catfish
- Smoked BBQ Beef Brisket

- Sweet & Spicy Sticky Wings, BBQ Wings
- Hot Wings, Mild Wings
- Three Cheese Lemon Spaghetti 

Sides

- Garlic Mashed Potatoes 
- Baked Beans 
- Fried Okra 

- Sautéed Collard Greens 
- Sweet Plantains 
- Mac & Cheese 