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To: File

Subject: Hypnotic Experimentation and Research, 10 February 1954.

On Wednesday, 10 February 1954, hypnotic experimentation and research work was continued in Building 13 by [REDACTED] using the following subjects: [REDACTED]

The group of five subjects appeared on schedule. The operator, expecting only three subjects, namely [REDACTED] was forced to alter his plans somewhat due to the unexpected arrival of two more subjects.

Plans were originally made to conduct experiments in color blindness, blindness and intoxication. These plans were altered to permit first, the subjects to present questions and discussions. (This was to permit the operator to spot any subjects who were critically analyzing their progress.) Several questions were presented and promptly clarified to the satisfaction of the subjects. In this discussion it was obvious that [REDACTED] were beginning to lose confidence in themselves. From this point on the work proceeded as follows:

1. A posthypnotic of the night before (pointed finger, you will sleep) was enacted. [REDACTED] immediately progressed to a deep hypnotic state with no further suggestion. This was to test whether the mere carrying out of the posthypnotic would produce the state of hypnosis desired. Needless to say, it did.
2. [REDACTED] was then instructed (having previously expressed a fear of firearms in any fashion) that she would use every method at her disposal to awaken [REDACTED] (now in a deep hypnotic sleep) and failing in this, she would pick up a pistol nearby and fire it at [REDACTED]. She was instructed that her rage would be so great that she would not hesitate to "kill" [REDACTED] for failing to awaken. [REDACTED] carried out these suggestions to the letter including firing the (unloaded pneumatic pistol) gun at [REDACTED] and then proceeding to fall into a deep sleep. After proper suggestions were made, both were awakened and expressed complete amnesia for the entire sequence. [REDACTED] was again handed the gun, which she refused (in an awakened state) to pick up or accept from the operator. She expressed absolute denial that the foregoing sequence had happened.

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3. [REDACTED] expressed further interest in the transfer of control or, one subject inducing hypnosis in another; through the use of posthypnotic suggestion, [REDACTED] induced a state of hypnosis in [REDACTED] (The entire buildup was to obtain the proper atmosphere before attempting a deep state of hypnosis in [REDACTED])

4. [REDACTED] as previously pointed out, felt reluctant about participating further since she expressed her doubt as to any useful purpose in further attendance. The Operator thereupon proceeded in full view of all other subjects to explain to [REDACTED] that he planned to induce a deep state of hypnosis now. The reaction was as had been expected. [REDACTED] excused herself to make a telephone call (defense mechanism?). Upon her return a very positive approach was adopted by the operator whereupon a deeper, much deeper state of hypnosis was obtained. Immediately a posthypnotic was induced that when the operator accidentally dropped a steel ball in his hand to the floor accidentally [REDACTED] would again go into hypnosis. [REDACTED] then advised that she must conclude her work for the evening. She arose to adjust her hair before the mirror. The ball was dropped and she promptly slumped back into the chair and back into hypnosis. It is the opinion of the operator that [REDACTED] if properly trained (positive approach) will continue to improve.

The evening's work was concluded at approximately 9:00 PM.

[REDACTED]

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