

J. Nov 88

~~SECRET~~/NOFORN

PROJECT SUN STREAK

WARNING NOTICE: INTELLIGENCE SOURCES AND METHODS INVOLVED

PROJECT NUMBER: N/A SESSION NUMBER: 03
DATE OF SESSION: 01 NOV 88 DATE OF REPORT: 02 NOV 88
START: 0900 END: 1000
METHODOLOGY: ERV VIEWER IDENTIFIER: 025

1. (S/NF/SK) MISSION: TO GO INTO A STATE OF RELAXATION AND FOLLOW THE COLORS OR ENERGY SYSTEMS AS INTERVIEWER STATED.
2. (S/NF/SK) VIEWER TASKING: TO ENTER INTO A STATE OF RELAXATION AND TO SEE, FEEL, AND VISUALIZE COLORS OR ENERGY SYSTEMS.
3. (S/NF/SK) COMMENTS: NO INCLEMENCIES NOTED. VIEWER WAS ABLE TO LISTEN TO INSTRUCTIONS AS THE INTERVIEWER LED HER THROUGH THE COLOR EXERCISE. INTERVIEWER FELT THAT VIEWER WAS ABLE TO ENTER A STATE OF RELAXATION IN APPROXIMATELY SEVEN MINUTES. VIEWER WAS KEPT INTO A STATE OF RELAXATION FOR APPROXIMATELY TWENTY-FIVE MINUTES WHICH MAKES THIS THE LONGEST SESSION TO DATE. VIEWER ALSO COMPLETED AN ESSAY ON THE FIRST READING ASSIGNMENT WHICH IS "CONSCIOUSNESS AND CULTURE."
4. (S/NF/SK) EVALUATION: *3*

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CLASSIFIED BY: DIA(DT)
DECLASSIFY: OADR

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1 November 1988

Consciousness and Culture

Culture provides a consensus reality throughout the developmental stages of life which include: Infancy, childhood, adolescence, adulthood, and senescence. People are biased regarding altered states of consciousness because it is generally believed that ordinary consciousness is our natural state of mind.

Additionally, people have a false understanding of perception. A multi-faceted social reality exists in our culture influencing our physical and perceptual views. Perception is a highly selective automatic system including preprogrammed decision making. In other words, what a person believes to be important will be perceived and the rest ignored. A stimulus triggers a representation of itself in the mind, thus perceptions can be distorted. A person may simply not see a stimulus if it is not one that he or she has already been trained to know. Even psychologists do not always apply their perceptual knowledge to perceptions made by other people.

There are numerous studies which are influenced by culture to support our biases regarding reality. In order to seriously study consciousness without cultural limitations, we must recognize that our ordinary state of consciousness is arbitrary. Even within the spectrum of human potential, we are prejudiced in believing that our culture is the best. This view limits our acceptance of the Semoi of Matasia, for example, who utilize spirit guides.

The spectrum of experimental potential is the belief that two states of consciousness exist within one individual. Certain human potentials can be tapped into consciousness A but not B. This theory is the current factor for interest in the altered states.