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MEMORANDUM FOR: The Review Staff

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Deputy Director for Administration

SUBJECT

Senate Select Committee Request

(ARTICHOKE/ERGOT)

1. Reference is made to the 7 August 1975 verbal request of Mr. Elliot Maxwell, Senate Select Committee Staff. to of the Office of Security for certain documents from the Office of Security unnumbered file entitled "ERGOT," which Mr. Maxwell has reviewed.

- Three copies of a portion of those documents requested by Mr. Maxwell are being forwarded herewith in an unsanitized form. These documents were not sanitized by the Office of Security in view of the need for additional coordination within the Agency prior to their release to the Senate Select Committee.
- Further, two of those documents requested by Mr. Maxwell are Third Agency material and will be forwarded to the Review Staff via a separate memorandum.

Robert W. Gambino Director of Security

Att

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CENTRAL INTELLIGENCE AGENCY

WASHINGTON 25, D. C.

Mr. Frank G. Wisner Deputy Director/Plans

SUBJECT: Transmittal of Scientific Intelligence Memorandum

1. Our studies of unconventional warfare have included for some time the potential agent, Lysergic Acid Diethylamide (LSD), which appears to be better adapted than known drugs to both interrogation of prisoners and use against troops or civilians. The Soviet Bloc has the necessary supplies of ergot from which to synthesize this drug. Moreover, the Bloc is presumably in full possession of the pertinent information on it since it is commercially available and open literature carries full accounts of experimental use.

2. Bocause we feel that the matter may be of concern to you, we are forwarding the attached Scientific Intelligence Memorandum, which discusses briefly the intelligence implications of LSD. O/SI has in production a detailed study on this drug that summarizes the literature on the subject, recounts the results of medical experimentation with it, and deals with its possible synthesis and production. This study, "Strategic Medical Significance of Lysergic Acid Diethylamide (LSD)", will soon be available to those who have a paramount interest in the subject.

ILLEGIB

H. MARSHALL CHADWELL
Assistant Director
Scientific Intelligence

Copies attached:

1 -

1 - Willys Gibbons, C/TSS

1 - Cornelius Roosevelt, TSS

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SCIENTIFIC INTELLIGENCE MEMORANDUM

POTENTIAL NEW AGENT FOR UNCONVENTIONAL WARFARE

Lysergic Acid Diethylamide (LSD)
(N, N-Diethyllysergamide)



CIA/SI 101-54 5 August 1954

CENTRAL: INTELLIGENCE AGENCY.

OFFICE OF SCIENTIFIC INTELLIGENCE

Scientific Intelligence Memorandum

POTENTIAL NEW AGENT FOR UNCONVENTIONAL WARFARE

Lysergic Acid Diethylamide (LSD) (N. N-Diethyllysergamide)

This memorandum is based on intelligence variable as of 1 August 1954

CIA/SI 101-54 5 August 1954

CENTRAL INTELLIGENCE AGENCY

Office of Scientific Intelligence

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POTENTIAL NEW AGENT FOR UNCONVENTIONAL WARFARE

Lysergic Acid Diethylamide (LSD) (N. N-Diethyllysergamide)

Lysergic acid diethylamide (LSD) (N, N-diethyllysergamide), a drug derived from ergot, is of great strategic significance as a potential agent in unconventional warfare and in interrogations.* In effective doses, LSD is not lethal, nor does it have color, odor or taste. Since the effect of this drug is temporary in contrast to the fatal nerve agents, there are important strategic advantages for its use in certain operations. Possessing both a wide margin of safety and the requisite physiological properties, it is capable of rendering whole groups of people, including military forces, indifferent to their surroundings and situations, interfering with planning and judgment, and even creating apprehension, uncontrollable confusion and terror.

Of all substances now known to affect the mind, such as mescaline, harmine and others, LSD is by far the most potent. Very minute quantities (upwards of 30 millionths of a gram) create serious mental confusion and sensual disturbances, or render the mind temporarily susceptible to many types of influences. Administration of the drug produces in an individual such mental characteristics of schizophrenia as visual or auditory hallucinations and physiological reactions of dizziness, nausea, dilation of the pupils, and lachrymation. These reactions, however, are not necessarily obvious and only a trained observer, after giving psychological tests, may definitely ascertain that a psychogenic drug has been administered. Data, although still very limited, are available which indicate its usefulness for eliciting true, and accurate statements from subjects under its influence during interrogation. It also revives memories of past experiences. In at least one case there was complete amnesia of events during the effective period.

To date, no antidote nor specific counteragent is available. The effect of LSD may, however, be shortened in duration by the use of chlorpromazine, barbiturates, or the intravenous injection of glucose. Very limited methods of detection and identification are known, such as fluorescence, staining and spectrophotometry. Although the mechanism of action of this drug in the human body is not fully understood, it is nevertheless known to interfere with the carbohydrate metabolism and to affect the central nervous system, certain of the brain hormones, and other body functions.

^{*}OSI is now completing a detailed study of LSD that will deal with the composition of the drug, its psychogenic properties, its development, experimental use, and distribution. This study entitled "Strategic Medical Significance of Lysergic Acid Diethylamide (LSD)" will be made available to those with a paramount interest in the subject.

Ltd., of Switzerland in 1943. The unusually complex synthesis of the lysergic acid fraction of the drug, attempted by many workers during the past 20 years, has apparently not yet been accomplished by any country. Progress in the synthesis of the drug in the United States is reported to have reached the last and most difficult stage. Completion of the synthesis will facilitate the rapid solution of many problems, such as that of an effective antidote, stability, more effective derivatives and/or combinations, more accurate dosage ranges, adequate methods of specific detection, dissemination and complete control, for which there are still urgent strategic needs.

The basic material from which LSD is prepared is ergot and the Soviet Bloc has an abundant supply of it. The preparation of LSD has been published openly in considerable detail. Further, Sandoz Ltd., has made available free samples of it for clinical testing both in this country and in Europe. It is therefore assumed that this material is available to the Bloc inasmuch as no effective geographic limitation is known.

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C. Rayer

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CENTRAL INTELLIGENCE AGENCY

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INFORMATION REPORT

COUNTRY Switzerland

SUBJECT Review and Preliminary Report of Experimental Work on the Pharmacology of Lysergic Acid Diethylamide

(ISD-25) PLACE ACQUIRED

(BY SOURCE)

DATE ACQUIRED (BY SOURCE)

Oct 53

DATE (OF INFO.)

Oct 53

THIS DOCUMENT CONTAINS INFORMATION AFFECTING THE NATIONAL DEFENSE OF THE UNITED STATES. WITHIN THE MEANING OF TITLE 18. SECTIONS 793 AND 794. OF THE U.S. CODE. AS AMENDED. ITS TRANSMISSION OR REVELATION OF ITS CONTENTS TO OR RECEIPT BY AN UNAUTHORIZED PERSON IS PROMISITED BY LAW. THE REPRODUCTION OF THIS REPORT IS PROMIBITED.

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SOURCE

(a) US citizen, professor of pharmacognosy at a major US university.

He is well known in the field of pharmacognosy through many publications appearing in US scientific journals. His present duties include supervision of all development and research connected with the medicinal plant gardens maintained by his university. His work with the production of ergot and its alkaloids through natural means and by synthesis is recognized throughout the scientific world.

(b) US citizen, professor of pharmacology and executive officer of the School of Pharmacology at the Medical School of a major US university.

He holds a PhD in pharmacology and a dagree of Doctor of Medicine. He is doing extensive research on the physiological effects of d-lysergic acid diethylamine (ISD-25) upon animals and possibly humans.

On 23 Jan 53 we were furnished an ample quantity of d-lysergic acid diethylamide (LSD-25) by Sandoz Pharmaceuticals, a division of Sandoz Chemical Works Ltd, to conduct extensive experiments. In addition to the LSD-25 we were given a cash grant by Sandoz to partially support our research work. Our departments of pharmacognosy and pharmacology have worked together on this project which is about two thirds completed. Following is our combined preliminary report on the Swiss controlled material:

2.

"INTRODUCTION

"Lysergic acid diethylamide is a partially synthetic derivative of the ergot alkaloids obtained from the fungus Claviceps purpures which grows as a contaminate on the fruit of rye. Lysergic acid diethylamide belongs to the ergonovine group of these alkaloids and is obtained as a condensation product of d-lysergic acid with diethylamide. It has the following structural formula:

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Lysergic acid diethylamide was first synthesized in 1938 by Stoll and Hoffman (1). Lysergic acid diethylamide is known by the code number ISD-25. It is soluble in distilled water but dissolves best when four parts by weight of tartaric acid to one part of ISD are used. The material used in these experiments consisted of lcc ampules each cc containing 0.10 milligrams of ISD-25. This preparation was indicated for oral administration but in the animal experimentation the solution was administered parenterally, usually intravenously.

3. "Description of the Action of ISD-25 on Humans

"Rinkel et al (2) describes four effects of LSD-25 on humans. These are as follows:

Phase 1, prodomal phase, the period between the administration of the drug and the height of the reaction, lasting about 1 hour.

Phase 2, the height of the reaction occurring 1 to 5 hours after the drug has been given.

Phase 3, the period from the height of the reaction for several hours representing the diminishment of its effects.

Phase 4, the after-effects lasting from one to several days. Signs observable after the administration of the drug may be divided into two two general groups:

- a. Those referrable to the autonomic nervous system and comprising slightly increased blood pressure and heart rate, slight vasodilatation, nausea and occasional vomiting, slightly increased salivation, perspiration and lacrimation, dilatation of pupils, mydriasis, a slight increase in blood sugar, a slight and temporary increase in total white count. All of these symptoms were variable and all were not observed in any one subject. Indeed, some individuals responded in opposite and unpredictable ways. In general it may be considered that LSD-25 produces autonomic instability(3).
- b. Motor symptoms were those of ataxia which was generally slight, lack of precision in movements, slight incoordination and unsteadiness and occasional faulty speech in articulation. There was occasional facial clonism with clamping of the jaws, trismus and forced laughter. In some cases with high doses there was produced catatonic

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conditions with lack of facial expression and preservation of body posture (3). In human subjects the mental effects are generally marked. Consciousness is maintained although occasionally disturbed. There is a feeling of intoxication. Judgment and memory are not usually impaired. The subject is usually aware of his condition and the fact that he is experiencing effects due to the administration of the drug. Spatial orientation remains good. There is disturbance of time judgment. Attention and concentration are reduced. There is some incoherence of ideas and the faculty of expression is decreased. Euphoria is evident by disordered activity. Occasionally shown by manic behavior with unmotivated attacks of laughter. Occasionally the euphoria is passive, apathetic and hebephrenic. There may be tears, resentment, aggressiveness or passive withdrawal into indifference. Sometimes there are suicidal ideas. There is sometimes associated anxiety and paranoid trends.

Sensory perceptions are disturbed. Either by distortion or by hallucinations. Colors seem brighter and shadows more intense. In the dark there are hallucinations which generally consists of flashes of light, line patches of color or complex geometrical figures. There is false interpretation of noises, taste is usually lost, although sometimes there is a metallic or bitter taste experienced. There is a feeling of strangeness and distortion of certain parts of the body. There is a feeling of depersonalization, and there is the impression of looking at one's self from a distance, of having lost control of one's real self, as if having changed and become more or less unreal and cut off from the rest of the world. The acute effects generally wear off in six to eight hours but in most cases there is a more or less unusual mental condition persisting for the following day or for the following week. Sometimes the euphoria lasts for several days and there are periods of dreaminess alternated with depression. Becker (4) and Rinkel et al (2) state that there are two main types of psychiatric effects of ISD-25 to be distinguished:

- Manic, expansive reaction with psychomotor excitement, euphoria and less frequently depression.
- A schizophrenic reaction with slowing of mental processes, inhibitions, autism, depersonalization and hallucinations.

The majority of subjects present a mixture of these two extreme types.

"Pharmacological Effects on Animals als

Original observations on ISD-25 were made in mice. These animals showed excitatory effects of the drug and are most marked in 'waltzing' mice (5). In the dog there are evidences of autonomic effects as seen in salivation. Higher doses produced motor rigidity. In rabbits there is evidence of motor excitement in medium doses. It has been reported that ISD-25 resembles ergonovine in that it produces contraction of the rabbit uterus. It has been reported to have no blocking action to adrenalin in contrast to ergotamine.

"EXPERIMENTAL PROCEDURES AND RESULTS

"Description of Effects of ISD-25 in Animals

Rabbit administered 60 gamma per kilogram intravenously showed after the lapse of three to five minutes augmented placing reflexes and a slightly increased vigor of the righting reflex. This effect lasted from 10 to 15 minutes after which there was loss of the placing reflexes and loss of the righting reflex. There was dilatation of the pupil and loss of the response to light. Cats administered 50 to 100 gamma per kilogram showed increased alertness and appeared to freeze in attention to small movements of objects. Later there was a tendency for the animal to retire into dark corners where it remained immobile. There was dilatation of the pupil and absence of reaction to light. The entire duration of the effect was about one hour after which the animal appeared to be normal. Dogs administered 50 to 100 gamma per kilogram showed incoordination in walking and evidence of excitement. This was followed by paralysis and dragging of the hind-limbs on

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walking but the animal preferred to remain immobile staring at some object or corner of the room. These effects lasted one half to one hour after which there was complete recovery of walking and running movements.

6. "Action of LSD-25 On Spinal Reflex Pathways

"Ipsilatoral Responses in Frogs. Large Rana Pipien frogs were used. The spinal cord was transected at the level of the medulla by means of a sharp scalpel. The wound was packed with a pledget of cotton to control bleeding. The frog was suspended from a stand by means of a hook through the lower jaw and allowed to hang free. Stimulation was applied to one or the other of the lower limbs by means of an electrode consisting of two parallel brass rods, 3 mm in diameter separated 5 mm apart. The frog's foot was placed between the electrodes and stimulated for one second with varying voltages from a Harvard inductorium. The endpoint, or threshold voltage, was recorded as a point at which a reflexing response occurred in the leg efficient to withdraw it from between the electrodes. This was recorded in 'stimulation units' each unit representing a 1 cm gap between the primary and secondary cause of the inductorium. The higher the numbrical value of the stimulation units (SU) the lower the actual voltage. Between the application of test stimuli the frog's foot and leg was immersed in a beaker of normal saline. After a control period of 30 to 60 minutes during which the threshold voltage as measured by the stimulating units was determined, the solution of LSD-25 was introduced into the anterior lymph sac. Results of these experiments are given in Table 1.

7. "Table 1. Ipsilateral flexion response of frogs with cord transection below the medulla.

"Experiment	Dose in gammas	Duratio	on of minutes	Mean t before	hreshold	Mean thr After La		Thres	hold rence**
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	5	15	30	14	11	9	9	+5	#2
2	5	45	60	13	11	íı	10.5	‡2	¥0.5
- - -	Ś	15	15	12	11.5	1.1	12	+1	-0.5
<u>, 7</u>	ź	60	60	11.5	11.5	13.5	12	_2.0	-0.5
5	25	120	135	13	1.3	12	15	1.0	-0.5
6	25	120	120	16.5	15	11.5	11.5	5.0	+3.5
7	25	30	30	12	12	10	12	2.0	0
8	25	90	90	15	15	12.5	_16`	⊉2. 5	-1.0
9	50	180	180	11	12	13	10	¥2.0	
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15	200	120	120	12	13.5	17	11	∔2.5	5.0
			. *						

^{*}Threshold voltages are recorded in 'stimulation units' (SU)

- 8. "The general results may be summarized as follows:
 - a. The threshold voltage required for evoking ipsilateral flexion responses was in most cases higher after instillation of ISD-25. In some cases with higher doses there was complete abolition of response to the stimulus regardless of the increase in voltage.
 - b. The preparation studied represents essentially a three-neuron reflex pathway. ISD-25 appears to act directly upon the neurons at the synapse. Its effect is characteristic of blocking or retarding conduction at this point.

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^{**}Positive number are indicative of a higher threshold; negative figures indicate lowered threshold.

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c. These experiments in frogs leave the possibility of inaction at the myoneural juncture which will be considered in the following experiment.

9. "Effect of ISD-25 on the Spinal Cat Flexor Response.

"A decapitate cat preparation was used in the following experiments. The cat was anesthetized with ether. The trachea was cannulated, the common carotid arteries were isolated and ligated anteriorly and posteriorly and sectioned between the ligations. Using a 30 amp cautery the muscle structures and other tissues were divided exposing the spinal column at level C2 or C3. A heavy cord or wire was then tied around the exposed bony spinal column and wound tightly to reduce hemorrhage by compressing the vertebral arteries. The spinal column and cord was then cut through anterior to the ligature. As soon as possible after this cord section artifical respiration was begun. A blood pressure was recorded from one of the common carotid arteries. A venous cannula for the administration of the drug was introduced into the right femoral vein. The left femoral nerve was exposed and sectioned and the tendenous insertion of the left tibialis anterior muscle was isolated and connected to a recording lever. The left sciatic nerve was exposed. The nerve to the ham string muscles was sectioned and arranged for stimulation. The muscle twitch was recorded after the bone of the left leg was exposed and pinned securely. Warm saline packs were used to protect the exposed nerve structures between the application of stimulations. In this preparation it is possible to elicit muscle contractions as the result of stimulation at two points. The stimulation may be applied to the nerve leading directly to the muscle in which case the effect of the agent on the myoneural juncture may be tested; or the stimulation may be applied to the sciatic nerve in which case the pathway traverses the spinal cord. It was possible to show that the LSD-25 did not affect transmission to the muscle through the myoneural juncture, the threshold stimulus remaining constant after the administration of the drug. The ISD-25 did affect transmission through the spinal cord synaptic junctures, diminishing the conduction and eventually blocking this pathway entirely. It was not possible to secure recovery of the preparation and restoration of the pathways and it is believed that the effect of the agent extends beyond the life of the decapitate preparation.

10. "Symphatholytic Effects of LSD-25

11.

"Using isolated rabbit uterus strips maintained in a standard smooth muscle bath the ISD-25 - epinephrine antagonism was studied. After the determination of a uniform response to a standard amount of epinephrine quantities of 4, 5, 10, 15, 2, and 20 gamma of ISD-25 were added to the 50-ml bath the epinephrine response of the smooth muscle was depressed in the same way as it is depressed by ergotoxin. On one strip, 20 gamma of ISD-25 produced a depression of the epinephrine contraction approximately comparable to that produced by 3 gamma of ergotoxin ethanosulfate. This indicates that the quantity of ISD-25 required to produce equivalent effects of ergotoxin is approximately six to seven times greater.

"SUMMARY

- Lysergic acid diethylamide produces evidences of autonomic effects and motor effects in intact rabbits, cats, and dogs.
- b. It produces blocking of spinal synaptic transmission in frogs and cats. There is no effect at the myoneural juncture.
- c. It is capable of diminishing the epinephrine effect on isolated rabbit uterus.

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"REFERENCES

- 1. Stoll, A and Hoffman, A Helv Chim Acta, 26: 944 1943.
- 2. Rinkel, M De Shon, H J Hyde, R W and Solomon, H C Amer Jr Psychiat, 108 572, 1952.
- 3. De Shone, H J Rinkel, M and Solomon, H C Psychiat. Quart 26: 33, 1952.
- 4. Becker, A M Wien Z Nervenhk, 2: 402, 1949.

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5. Rothlin, E and Cerletti, A Helv Physiol, 10: 319, 1952"

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SECRET SECURITY INFORMATION

CENTRAL INTELLIGENCE AGENCY

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INFORMATION REPORT

COUNTRY UK/Switzerland

Experimental Psychoses and Other Mental Abnormalities Produced by Drugs

PLACE ACQUIRED (BY SOURCE)

DATE ACQUIRED (BY SOURCE)

11 Aug 51 to Sep 53

DATE (of INFO.) Sep 53

THIS IS UNEVALUATED INFORMATION

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US citizen who is on the faculty of the medical school at a major US university.

> He is a professor of psychiatry who has done considerable research on the effects of various drugs on the central nervous systems. One of his major fields of interest is research on the psychic changes brought about by dosages. of d-lysergic acid diethylamide.

- I have read with interest the extract from the British Medical Journal dated 11 Aug 51 and titled "Experimental Psychoses and Other Mental Abnormalities Produced by Drugs." The author, W Mayer-Gross, MD, FRCP, director of Clinical Research, Crichton Royal, Dumfries, UK, is well qualified to discuss this subject.
- Our university is conducting clinical studies on d-lysergic acid diethyl-amide (LSD-25) which is an exclusive product of Sandoz Ltd, a Swiss pharma-ceutical company. The purpose of these investigations is to determine the LSD-25 is a synthetic amide prepared from natural d-lysergic acid and diethylamide. D-lysergic acid is the basic component of the alkaloids of ergot. Dr Mayer-Gross describes the mental reactions following dosages of mescaline, a substance which has been described in medical journals for many years. It is his opinion that the symptoms produced by LSD-25 appear to be close to those produced by meacalthe despitation wide schemical afference between the two products. LSD-25 is many times stronger than mescaline or than any other known substance similar in nature.
- Dr Mayer-Gross sees value in the self use of LSD-25 or mescaline by psychiatrists as they provide a safe means for them to be temporarily transformed into the strange world of some of the mental patients they are trying to treat. Our research on LSD-25 has not been thorough enough to make this same statement -- we have not used the material on human subjects. We do feel, however, that psychic reactions from mescaline and LSD-25 are somewhat the same.

Available on loan from the CIA Library is the text of W Mayer-Gross, MD, FRCP, article entitled "Experimental Psychoses and Other Mental Abnormalities Produced by Drugs," dated 11 Aug 51.7

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Approved For Release 2004/03/11 : CIA-RDP83-01042 R SECRET SECURITY INFORMATION CENTRAL INTELLIGENCE AGENCY 25X1A INFORMATION REPORT REPORT NO COUNTRY USSR RESPONSIVE TO Soviet Organic Chemist: I Rapoport SUBJECT CD NO. A-1340 00/C NO. PLACE ACQUIRED GUIDE (BY SOURCE) ORR NO. Aug 53 and earlier DATE ACQUIRED (BY SOURCE) DATE DISTR.24 Sep Aug 53 DATE (of INFO.) NO. OF PAGES NO. OF ENCLS. 25X1 784, OF THE U.S. CODE, AS AMENDED. ITS TRANSMISSION OR REVE TION OF ITS CONTENTS TO OR RECEIPT BY AN UNAUTHORIZED PERSON SUPP. TO THIS IS UNEVALUATED INFORMATION REPORT NO SOURCE Naturalized US citizen of Russian birth, a chemist and fluent in the Russian language. He holds BS, MS and ScD degrees in chemistry from US universities of high standing and is currently teaching chemistry and doing original research in organic chemistry at a US polytechnic institute. He was formerly a research chemist for two large US industrial corporations. For the past several years he has been translating and digesting articles of scientific interest appearing in Soviet publications. He is a long-time source whose great number of reports have been, practically without exception, of intelligence interest and have received high evaluations. 25X1A Interest has been expressed in your comments on the work of I Rapoport dealing with mutations. Can you supply Rapoport Tull name, a list of his publications and his present position? nl. I am not surprised at the interest manifested in Rapoport's work. As I have stated; his work on mutations may be extremely significant from a BW standpoint. 2. Unfortunately, my knowledge of Rapoport is confined to the meagre information given in Soviet scientific journals. Such journals rarely give the full names of an author but merely list a patronymic and one or more initials. Moreover, the listings are not always uniform or consistent. In the following list of publications the patronymic "Rapoport" is sometimes preceded merely by the initial "I". At other times, it is preceded by the initials "I A". I am unable to state whether "I Rapoport" and "I A Rapoport" are one and the same individual. The following is a list of all publications attributed to "Rapoport" which I have seen in Soviet scientific literature: L Shtern and I Rapoport, Compt rend sec biol USSR, 97,366-8 (1927) -Concerning the mechanism of passage of various substances from the blood into the cerebrospinal fluidade of L Shtern, I Rapoport and L Kremlev, Compt rend sec biol USSR, 97,644-5 (1927) -Effect of thyroidectomy and castration on the function of the hematoencephalic barrier. see last page for subject & area codes 25X1 SECRET SECURITY INFORMATION DISTRIBUTION - STATE X NAVY X AIR This report is for the use within the USA of the Intelligence components of the Departments or Agencies indicated above. It is not to be transmitted overseas without the concurrence of the originating office through the Assistant Director of the Office of Collection and Dissemination, CIA. Approved For Release 2004/03/11 : CIA-RDP83-01042R000800010006-8

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- b. ISD-25 has the potential of being an aid in the treatment of mental patients.
- c. ISD-25, if improperly used is a dangerous material -- it creates serious mental confusion and makes the human mind temporarily susceptible to suggestions. No research has been done to determine what permanent damage could be done to the human mind if the material was administered over extended periods.
- d. ISD-25 could be used in the interrogations of unwilling subjects for the purpose of getting them to "confess" as the material stimulates subjects to talk more freely.
- LSD-25, because of its potency, could possibly be used in the contamination of food and water for the purpose of rendering whole groups of people (including troops) mentally indifferent to their surroundings and situation.
- Our investigations thus far substantiate the findings of other investigators but we have carried our research on animals much further than others working on LSD-25. We can take no serious exception to the printed material furnished us by Sandoz Ltd which gives a summary of extensive research on LSD-25 as of November 1952 and is quoted below:

"D-LYSERGIC ACID DIETHYLAMIDE (LSD-25)

"CHEMICAL CONSTITUTION:

D-lysergic acid diethylamide is a partially synthetic derivative obtained by condensing D-lysergic acid, extracted from ergot of rye, with a secondary amine, diethylamine. Thus ISD-25, first prepared in 1938 by A Stoll and A Hofmann , /see notes at end of report/ belongs to the ergonovine group. LSD-25 is soluble in distilled water, a process facilitated by adding crystalline tartaric acid (four parts of tartaric acid to one of ISD).

"EFFECTS OF LSD ON ANIMALS:

In certain respects LSD resembles ergonovine. It exerts a uterotonic action (the uterotonic effect of ISD on the rabbit uterus in situ is 7/10 of that of ergonovine). LSD exerts no adrenosympathicolytic action (a contrast to the alkaloids of the ergotamine and ergotoxine groups) and its toxicity is similar to that of ergonovine and ergotamine (the LD 50 in mice of intravenous LSD-25 is 65 mg/Kg, of intravenous ergotamine 84 mg/Kg and of intravenous ergonovine 125 mg/Kg.)

However, ISD-25 may be clearly distinguished from all the other ergot alkaloids so far investigated in other respects. The injection of a small dose of ISD-330 25 into the anaesthetized rabbit produces motor excitation. In the dog the first apparent effects of LSD-25 are of a vegetative nature, e g copious

25X1

- 3 -

salivation, without any significant change in affective behavior. High doses of LSD-25, like bulbocapnine, cause motor rigidity in the dog and cat, a condition reminiscent of catatonic states.

On the normal mouse, LSD has a weak excitatory action which appears only at a subtoxic dosage level. Mice with hereditary waltzing anomaly are more sensitive to this drug. Subcutaneous doses of no more than three percent of the LD 50 increase the general excitatory state, but with simultaneous suppression of waltzing movements (ROTHLIN, CERLETTI 25).

DELAY et al studied the effect of LSD on the electrocorticogram of the rabbit. Doses of 40 mg/Kg (average) injected intravenously or into the carotid artery caused marked or even complete flattening of the tracing. The effect was progressive, setting in after approximately one minute and lasting one - two hours. The effect was clear-cut even after doses as small as 18-20 mg/Kg. An identical effect was noted after massive doses (300-600 mg/Kg). There was simultaneous marked motor hyperexcitability.

ISD inhibited the spontaneous rhythmic activity; it did not prevent the response to electrical stimulation, the epileptic spikes, the bursts of rapid spikes produced by barbiturates or cortical trauma. Of the vasodilator substances investigated, nicotinic acid, dibenamine, hexamethonium, priscol and alcohol did not modify the effect of ISD. Acetylcholine, given intravenously, in doses of 20-40 mg/Kg, caused the reappearance of bursts of basal rhythm. Urethane and chloralose did not modify the effect of ISD.

8. "EFFECTS OF LSD ON HUMAN BEINGS:

The above mentioned animal experiments do not give any hint whatsoever as to the mental effects exerted by ISD in human beings. Hofmann discovered these effects by accident and then carried out investigations on himself which were reported by W Stoll . Studies on the effects of LSD 25 in normal subjects have 2 5 6 8 10 been carried out by W Stoll , Condrau , Becker , Georgi et al , Rinkel et al , 17 16 Matkfi , Mayer-Gross , Weil and other research workers, whose reports have not yet been published.

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As far as systemic effects are concerned, both normal and psychopathic subjects respond in almost the same manner to LSD and may, therefore, be considered as one group. However, this is not the case with the mental effects, and therefore normal and psychopathic patients have to be considered separately in this respect.

a. Active and maximum doses: Up to the present, ISD has always been administered orally, generally in the morning on an empty stomach. ISD is active in very small doses. In certain subjects the characteristic effects are observed after the administration of a dose as small as 20 mg (microgram __ 0.02 mg). A dose of 40-100 mg (about 1 mg/Kg body weight) is active in most cases. Doses as high as 500 mg (= 0.5 mg) or 6 mg/Kg body weight have been well tolerated by 3,4.

In general psychopathic patients show greater resistance to the systemic and mental effects of LSD than do normal subjects.

- b. Onset and duration of action: The first effects of an active dose of LSD generally appear within one-half one hour (maximum three hours). Maximum effectiveness is reached, on an average, after two hours and the effects persist for three six hours. Delayed effects may be observed for one or more days but hereby for more than one week. Rinkel et all recognize four phases in the reaction to LSD. Phase I, the prodromal phase, represents the period between the administration of the drug and the height of the reaction. It lasts about one hour. Phase II represents the height of the reaction, occurring one-five hours after the drug had been given. Phase III was the period from the end of the height of the reaction until evening. Phase IV comprised after-effects lasting one to several days.
- c. Systemic effects: Distinction may be drawn between vegetative symptoms, fairly slight effects on metabolism and motor symptoms.

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Vegetative symptoms:

2,5,7
Giddiness , "empty-headedness" , occasionally headaches . In
2,5,6
1solated cases general malaise , feeling of weakness , fatigue , tremor and
10
shaking .

Effects of LSD on:

(1) Cardiovascular systems

Blood pressure: Slightly increased, within physiological limits 4,8,11 10 2,5
, or not modified; less frequently slightly decreased.

In exceptional cases danger of collapse. Two patients given ISD 24
daily developed profound circulatory depression.
4,7,8,11 10

Heart rate: increased or not modified. In isolated cases 2,3,5
decreased.

2,4,5,7,10

Vasomotor functions: flushes of vasodilatation or facial pallor, sometimes acrocyanosis.

Subjective impressions: sometimes palpitations or precordial discomfort.

(2) Digestive system:

2,4,5,6,7,10,19
Anorexia, sometimes nausea occasionally vomiting 4,5,7,19
, and in isolated cases lyocrexia.

(3) Hepatic function:

Only very slight changes observed. Whereas the usual laboratory tests such as the Takata-Ara and the Hijmans v d Borg reactions; the Quick test (excretion of bippuric acid following ingestion of sodium benzoate) or the caphalin-cholesterol flocculation test 3,4,8,27 show no change , the Snapper test (determination of glucuronic acid in the urine after administration of cinnamic acid) 8,27 reveals slight, temporary disturbance of hepatic function . It should be noted that the Quick test and the Snapper test are positive in schizophrenia and mescaline intoxication . Subjects in whom even only a slight modification of hepatic function is present (e g cases where there are protracted sequelae of infectious hepatitis) make a very marked response to LSD .

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(4) Respiration:

; respiration sometimes deeper and Usually not changed slower

(5) Urinary system:

. liuresis sometimes increased No changes in composition of urine In isolated cases retention of urine followed by polyuria when

the effects of LSD had worn off

(6) Genital system:

In isolated cases uterine cramps

(7) Temperature:

No change, in exceptional cases increased by 1 2,5,6,7,1 , sometimes periods of shivering

(8) Saliva secretion:

Often increased (9) · Sweat secretion:

Often increased

(10) Lacrimal secretion: Sometimes increased

(11) Pupils:

, sometimes impairment of Generally dilatation reaction to light; mydriasis less pronounced when LSD instilled into the conjunctival sac

(12) Blood picture:

Temporary increase in total white blood cell count without modifications in the differential count or relative neutrophilia Slight increase in potassium blood values, no change in calcium Savage observed some tendency for anaemia to appear during prolonged treatment (20-100 ug daily for one month).

(13) Blood sugar:

Slight rise, within physiological limits; less frequently a fall all

found that LSD caused a slight,

In 24 subjects Mayer-Gross et al

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transitory increase in the glucose and hexosemenophosphate levels in the blood. Otherwise carbohydrate metabolism was not affected. This group of investigators believe that by an anti-enzyme action, ISD interrupts the break down of glycogen at the hexosemenophosphate state. The intravenous injection of 33% glucose solution modified 21 the reaction to ISD.

Aggregate of vegetative effects:

ISD tends to produce amphotonia. The increase in blood pressure and heart rate and the dilatation of the pupils suggest an increase in sympathetic tenus.

The nausea and the periods of vasodilation suggest parasympathetic hyperactivity.

However, it should be noted that there are great differences from individual to individual. Some subjects respond to LSD with a fall in blood pressure, 3,13 bradycardia and other symptoms suggestive of sympathetic inhibition

In general, LSD produces <u>vegetative instability</u> which may tend either to sympathicotonia or to vagotomia, depending on the individual subject.

Motor symptoms:

LSD causes disturbances of voluntary motor functions (which are generally slight) and also modifications of reflexes.

Ataxia: generally not pronounced, lack of precision in intentional movements, slight degree of incoordination, occasionally unsteadiness of 2,4,5,6,8,11 2 2,5,8,103,10 2,5,27.27

Romberg's sign: sometimes slightly positive a Sometimes tremor of 5,7,8,27

the hand and twitching of the eyelids Often facial clonism, 2,5,6,7,8,10 2,5,6,7,8,10

cramps of the jaws, trismus and forced laughter Sometimes 3,5,7,10 hyperactivity of tendon reflexes Sometimes motor excitement in exceptional cases athetoxic movements. In certain cases high doses (300-500 mg) produce catatonic conditions with a lack of facial expression and perservation of body posture.

Aggregate of motor symptoms to mes:

The most frequent motor effect of ISD may be described as a slight degree of muscular hyperexcitability accompanied by more or less pronounced signs of incoordination. The catatonic effect of high doses has, as yet, only been studied

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in five cases.

d. Mental effects in normal subjects:

Consciousness, orientation: Consciousness is generally maintained but occasionally 2,6,14 5
slightly clouded; a feeling of intoxication, often occurring in a wave pattern of outbursts. In exceptional cases short periods of confusion.

As a rule, judgment and memory are not impaired. The subject is conscious of his condition and does not lose sight of the fact that what he is experiencing 2,5,6,8,10,11 is due to the drug ingested . Certain subjects notice that their powers of self-observation and introspection are increased .

Spatial orientation remains good. The notion of duration of time is 2,5,6,8,10,11 often disturbed, time seeming to pass too quickly or too slowly

Ideation: may be accelerated, accompanied sometimes by incoherence, and "running 2,5,10 away" of ideas ; in other cases ideation is slowed down and the faculty of 2,8,10 2,5 expression inhibited . Often a tendency to preoccupation with one idea . 2,5,6,8,11

Attention and concentration are reduced

Affectivity and behavior: Several types of reactions may be observed:

- (1) Marked euphoria made evident by disordered activity, manic behavior,
 more or less unmotivated attack of laughter, or even involuntary
 2,5,6,10,14,17
 maniacal laughter
 Less frequently the euphoria is
 8,10,11
 passive, apathic and hebephrenic
- (2) Depression which may be demonstrative with tears, resentment, nt,
 2,6,10,14
 aggressiveness or passive with negative withdrawal into the
 2,6,10,10
 self, autism, apathy and even complete indifference , some2,6
 times suicidal ideas
- (3) Alternate phases of euphoria and depression

In addition to these effects, there is sometimes associated anxiety,

13
paranoid trends, or the fear that the abnormal state will persist or will be
2,5,6
noted by a third party

In general, under the effect of LSD an enhancement of the previous

5,6

affective state whether constitutional or temporary may be observed

2,8,10

euphoric reaction seems, however, most frequent

Behavior is controlled by affectivity. In cases of hypomanic euphoria, the disordered activity is often accompanied by logormora and loss of inhibition; the subject cannot prevent himself from saying what he thinks and seeksaffective contacts. On the other hand, in cases of depressive schizoid reaction often all affective contact is suppressed and the apathy may even develop into a state of stupor

Sedative effects on sexuality

Sensory perceptions: Disturbances of perception are frequent and sometimes very pronounced. Either the object perceived is distorted or there are hallucinations generally of an elementary nature.

Vision: Often the objects appear distorted, perspective is incorrect, distances are overestimated, colors seem brighter, shadows very intense and contours very clear-cut Less frequently the outline of the object seen is less distinct and colors are dull

Certain subjects experience hallucinations especially if they are in the dark and their eyes are closed. These hallucinations generally consist of flashes of light, lines, patches of color, sometimes more complex geometrical figures, objects, flowers and animals In exceptional cases the visual hallucinations are provoked by auditory stimuli Hearing: Often hyperacusia and false interpretation of noises Less frequently true auditory hallucinations, e g sound of a bello Taste and smell: Taste is often affected. Food and cigarettes seem tasteless. Sometimes metallic or bitter taste In rare cases olfactory hallucinations, e g garlic odor Touch: Frequently distortion, hypoesthesia and paresthesia: things feel

In isolated cases true tactile hallucinations, e g sensation of different being wet from urine

General bodily feelings: Feeling of strangeness or distortion of certain parts : the subject has the impression that his head is ites of the body ody enormous, that one limb is excessively long or separated from the body, that his nose is not in its right place, that his arm "no longer belongs to him" or that his body weight has decreased or increased.

- 10 -

Personality: In certain subjects ISD produces a feeling of depersonalization or of split personality of a clearly schizophrenic nature Impression of looking at one's self from a distance, of having lost control of one's real self, of having changed and become more or less unreal and cut off from the rest of the world. These phenomena are generally associated with the cenesthetic disorders as well as with autism, withdrawal and indifference. These personality disorders are less frequent in subjects who make a manic euphoric or depressive response to LSD. Psychological tests: Rinkel carried out Rorschach's test on five subjects under the influence of LSD. The results of the test confirmed the clinical observations of the effect of LSD in each of the five individuals: autism, negativism, weakening of powers of logical reasoning, anxiety, depression, and aggressiveness. Another test ("concrete-abstract thinking") consisting of noting the reactions of the subjects to a series of aphorisms also gave responses reminiscent of those of schizophrenic patients, (predominance of concrete responses; abstract responses could be obtained with effort but were characterized by overgeneralized and tangential thinking).

Rimmel did not employ these tests in persons who made a manic depressive response to LSD. In an alcoholic, a Rorschach's test carried out just after the 26 subsidence of the LSD effects showed profound changes over the previous tests.

Matkfi studied the effects of LSD on himself. He made a series of drawings supposed to represent the same person (Zeichentest') while under the the influence of LSD and found that his strokes became quicker, sometimes stereotyped, and the drawing became larger, and even went off the paper. In spite of all his his efforts, he could not coordinate his drawing with what he saw, whether it was normal or not. When the height of the LSD effect was reached, he made a drawing of his visual hallucinations.

Electroencophalogram: EEG tracings have been taken, as yet, in only about 15
10,13 4 10,13
cases. There have been slight or no changes. Rinkel found, in general,
an increase in alpha rhythm of one-three waves per second, but in one very
relaxed subject the alpha rhythm was slowed by two waves per second. In eight
cases out of nine he noted a pronounced increase in muscle activity.

25X1 Secret, Delayed Effects: The 'intoxication' of LSD generally wears off within six-eight hours, but in practically every case a more or less unusual mental status persists for one-half to one day and sometimes for more than one week.

In the evening after the experiment, euphoria, logorrhoea, difficulty of concentration and sometimes great fatigue are noted. The subjects generally sleep well, but the following morning certain of them complain of a "hangover," similar to that produced by excessive amounts of alcohol. However, by this time most subjects have returned to their normal status. Sometimes the euphoria lasts 6 several days.

Less frequently a depressive state is observed. This may last several 6,8 days . One subject exhibited periods of dreaminess (with feelings of strangeness, of "deja vu" and disturbed general bodily feelings), alternating with phases of depression, after a single dose of LSD. These delayed effects often occurred 13 in waves .

Aggregate of psychic effects (in normal subjects: The symptoms produced by LSD have been considered by W Stoll as the expression of an acute exogenic psychosis, analogous to those produced by alcohol, opium, cocaine, hashish, mescaline and the 23 amphetamines (however, all these substances are only active in far higher doses).

There is no uniform reaction to ISD. Two main types may be distinguished 6,10

- (1) manic, expansive reaction with psychomotor excitement, euphoria and less frequently depression,
- (2) a schizophrenic reaction with slowing of mental processes, inhibitions, autism, depersonalization and hallucinations.

The majority of subjects present a mixture of these two extreme types.

6

Becker attributes the manic response to the action of LSD on the sphere of intention and the schizophrenic reaction to the action of LSD on the sphere of affect.

In general, LSD tends to reinforce pre-existing tendencies, producing and a caricature of the subject: the cyclothymic patient often becomes euphoric and expansive while the schizoid becomes a true schizophrene. Thus LSD reveals latent

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tendencies and its effect may be considered, to a certain degree, as a personality 2,5,6

ISD makes it possible for the psychiatrist to study in himself some of the mental symptoms which he is called upon to analyze and treat in his patients.

2,6

This experience is often instructive

LSD 25 and Mescaline: The first workers to carry out research were struck by the analogy between the 'intoxication' produced by LSD and mescaline delirium, although the active doses of these two products are quite different (mescaline at least 0.2 g s c, LSD generally less than 0.0001 g = 100 mg). An analogous relationship has been found when comparing the toxicity of the two substances in cold-blooded animals. The lethal dose of mescaline, in tadpoles, is 100-1000 times greater than 8 that of LSD.

Various comparative studies carried out on the same subjects have shown that the mental effects of the two substances are not absolutely identical:

ISD produces, above all else, manic depressive or hebephrenic symptoms.

In other words, an expansive or foolish euphoria or periodic depression predominates while the hallucinations and depersonalization are fairly slight.

With mescaline, on the other hand, catatonic symptoms such as restlessness, stupor, personality disturbances or hallucinations are predominant.

ISD and mescaline do not exert the same actions on nervous centers in lower animals.

12

According to Witt these two substances have opposite effects on the behavior of spiders (as determined by web pattern and purposefulness of the insects). An in 19 19 increase in anxiety occurred frequently with mescaline is

Mescaline produces fairly important changes in hepatic function demonstrable by the usual laboratory tests, whereas LSD produces a much slighter change which is only made evident by an ultrasensitive test.

e. Effects of LSD 25 on psychopathic patients: Generally psychopathic 2,3,5
patients are much less sensitive to LSD than normal subjects. The vegetative and motor effects often appear only after the administration of very high doses, e g two-three mg/Kg. Mental effects are generally less marked and difficult to evaluate in patients who have, in any case, similar symptoms before treatment

- 13

and in whom there may be very great spontaneous variations in effect. It is also possible that the negative attitude and the tendency towards dissimulation typical of certain schizophrenics induces them to keep secret their experiences under the effect of LSD.

However, in practically every case there are certain behavior changes 4 which are generally accentuated if the dosage of LSD is increased.

With regard to <u>psychomotor</u> affects, LSD generally produces, sometimes even in stuporous schizophrenics, an increase in activity and verbal expression 4,5,7

which may, especially in manic patients, develop as far as pronounced 7,10
excitement

After very high doses (300-500 mg) De Giacomo observed in five cases out of 12 (3 schizophrenics, 2 oligophrenics) a preliminary phase of excitement followed by typical catatonia, during which the patient's face remained inexpressive while he maintained the same posture for several minutes. This phase lasted up to two hours.

As far as affect is concerned, the previous status can often be enhanced:

depressive patients become still more depressed, manic patients still more
5,27

euphoric . In the majority of cases, however, the euphoric effect predominates
2,4,9,27

. Of the 21 schizophrenic patients reported by Hoch , seven exhibited

euphoria, three alternating euphoria and depression, six depression, and six had
a predominantly anxious reaction (total of 22 patients).

The improvement in verbal activity and in affect often facilitates 2,4,7 4,79 2 contact with the patient Patients become more accessible and memories hidden in the subconscious may be brought to the surface, particularly in cases of psychoneurosis .

The hallucinatory phenomena due to LSD seem to be less frequent and much 2,4,5,7
less varied in psychopathic patients than in normal subjects. The 5
patient's spontaneous hallucinations may be activated. In one case of chronic alcohol intoxication with previous episodes of hallucinosis, 100 mg LSD produced cen extremely vivid hallucinations resembling the alcoholic delirium that the patient 26 had experienced in the past. In this case, the shock effect produced by this

experience seemed to exert a favorable action on the later evolution. In other cases it is possible to make a clear distinction between the usual hallucinations 2,9 and those provoked by the drug

Depersonalization in psychopathic patients clearly attributable to LSD has 5,9 only been mentioned in a few cases . Catatonic and paranoid features were 19 intensified in some schizophrenic patients .

Possibilities of using LSD-25 in psychiatry: The effects described above make it possible to visualize the diagnostic and therapeutic use of LSD.

Personality test: Subjects response to LSD with euphoria, depression, schizoid manifestations, etc depends on their latent tendency. In psychopathic patients LSD enhances the pre-existing conditions and inclines to give a caricature of the patient. The intoxication of LSD thus makes it possible in many cases to determine the deep-seated tendencies of the subject and may be used, in this respect, 2,5,6 as a personality test

Psychoanalysis: In many cases LSD makes the patient more accessible to psychoanalysis by improving contact and facilitating the recall of memories. Busch 7 and Johnson have confirmed that analysis under the influence of LSD is not hampered by speech difficulties, such as frequently occur during barbiturate narco-analysis nor by the confusion which hampers analysis during insulin shock or immediately after electroshock. In patients reacting to LSD with heightened anxiety, contact was rendered more difficult.

Effect oft 'shock': The sometimes extremely pronounced mental effects of LSD, and particularly in normal individuals, may produce a feeling of hiatus in the life of the patient. In psychopathic patients the action of LSD, at least in the usual dosage, is generally too slight to produce a useful shock effect. As an exception, one case of alcoholic psychosis described by Benedetti must be mentioned, in which the extremely vivid hallucinations produced by the LSD seemed to exert a favorable psychic effect.

Treatment of depression: The euphoric effect of LSD may be of use in the treatment of certain depressive states. However, one should not be too optimistic since, as a general rule, LSD tends rather to reinforce a pre-existing depression.

5
Condrau carried out trial treatment with daily doses of LSD in five depressive

25X1

- 15

patients. Only in two of them did he observe a slight improvement in affect. This 24 result is not sufficient to be considered a therapeutic success. Savage gave one month's treatment with daily oral doses of 20-100 pg to 11 patients with severe depressive reactions. Two suffering from involutional psychoses made a complete recovery, five schizoid patients with severe depressive reaction became free of depression, and four patients suffering from schizophrenic reaction with depression showed no change or became worse. The improvement obtained with ISD treatment was not greater than that obtained without ISD in comparable cases.

Experimental studies of the pathogenesis of psychosis: Theoretical interest in a substance such as ISD-25 which in infinitesimal doses is capable of reproducing a whole series of symptoms characteristic of endogenic psychoses may be noted.

A detailed study of its mechanism of action may enlighten us as to the pathogenesis of psychoses . The possibility of a psychiatrist studying in himself some mental symptoms is also of interest.

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