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is psychological in which they use terroristic methods to threaten the individual or his family in an attempt to have him confess what they desire to hear.  in another section of the NKVD headquarters. The ward consisted of 20 beds which were cramped together so that sitting and standing room was at a minimum. During the night, MKVD agents came to the ward and would awaken everyone regardless of whether they were required to report to the examining room for further interrogation. As a result of these frequent interruptions were never able to sleep, and, of course, during the day were required to stand in a bent position with hands behind our back. This psychological treatment of the individual was designed to break his will.  required to stand for six hours during which time being interrogated. If these psychological measures were not effective, then the NKVD resorted to violence. Special chambers were constructed which were so small that you were unable to sit or lie down in them.	25X1 25X1 25X1 25X1 25X1
Another violent method used was the beating of an individual's bare feet with a rope or a rifle butt. Electric or chemical torture methods were not used because they were unnecessary, since the other methods were effective.  The NKVD has a special vaccine which rendered an individual's will helpless	25X1

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