



**Single Daily Theme Hot Bar Week 2 Menu**

**Comfort Food/American Classics – Monday**

**Beef Stew with Frizzled Onions**

**Pan-Seared Chicken Breast with Mushrooms and Pearl Onions**

Mashed Potatoes and Gravy

Mac & Cheese

Steamed Broccoli

Roasted Baby Carrots

Bread Pudding

**Healthy Course Menu – Tuesday**

**Grilled Chicken Breast with Cherry Tomatoes**

**Apricot and Ginger Glazed Salmon**

Whole grains/Brown Rice

Chili-Glazed Sweet Potatoes

Sautéed Leeks and Parsnips

**Theme Bar Asian Style – Wednesday**

**Marinated Beef Stir Fry**

**Tofu with Mixed Vegetable**

Jasmin Rice/Brown Rice

Baby Bok Choy

Spring Rolls and Dumplings

Ginger Scented Snap Peas

**Healthy Course Menu – Thursday**

**Almond Crusted Pork Loin with Dried Cranberry, Apple & Almond Conserve**

**Baked Barley with Shiitake Mushroom and Caramelized Onions**

Whole Grains/Brown Rice

Roasted Mixed Vegetables

Steamed Green Beans

**Comfort Food/American Classics - Wednesday**

**Garlic Roasted Chicken Wings**

**Zesty BBQ Wings**

Cheesy Mac & Cheese

Baked Beans

Corn on the Cob

Hot Dessert: Peach Cobbler