

**Single Daily Theme Hot Bar Week 3 Menu**

(b)(4)

**Theme Bar "Latin Style" - Monday**

**Ancho Rubbed Beef Brisket with Root Vegetables and Polenta**

**Pork Machaca**

Spanish Rice

Southwest Roasted Potatoes

Calabasitas Rostisadas (Roasted Squash with Peppers and Tomatoes)

Steamed Broccoli and Red Pepper

Arroz con Leche (Mexican Rice Pudding)

**Healthy Course Menu – Monday**

(b)(3)

**Salmon with Roasted Cherry Tomatoes**

**Honey Bourbon Pork Loin**

Parmesan Roasted Potatoes

Seasoned Carrots

Sautéed Cabbage

**Comfort Food/"American Classics" – Tuesday**

**Grilled Chicken and Sausage Jambalaya**

**Southern Shrimp and Grits**

Cajun Rice

Brown Rice

Cream of Spinach

**Hot Dessert: Apple Cobbler**

**Healthy Course Menu – Wednesday**

**Maple Mustard Pork Tenderloin with Caramelized Apples**

**Orange Marinated Tilapia with Walnuts and Spiced Carrots**

Couscous with Roasted Vegetables

Cider Glazed Carrots

Oven Roasted Green Beans

**Theme Bar "Italian" – Thursday**

**Grilled Chicken with Creamy Lemon Pepper Orzo**

**Whole Wheat Penne with Marinara**

Creamy Polenta

Zucchini and Squash

Asparagus

**Comfort Food/"Picnic Day" – Friday**

**Corn Dusters/Whole Wheat Burger Bun/Hot Dog Buns**

**Hot Dogs**

**Burgers/Bean Burgers**

**Bratwursts**

Caramelized Onions and Peppers

Summer Creamy Potato Salad

Baked Beans

Coleslaw

Steamed Corn